



Monday, September 14, 2026		
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	BBQ Beef Brisket Sandwich	\$12.00
Vegetable	Coleslaw	
Sides	Potato Salad	
	Slow Roasted Brisket, Coleslaw, Potato Salad, & Cheddar Cornbread.	
Flavor & Fire	Buffalo Chicken Wings & Onion Rings	\$12.00
	Classic Buffalo Wings, Onion Rings, Carrot & Celery Sticks, & a side of Ranch Dressing.	
Soup	Moroccan Lentil Clam Chowder	Cup \$2.95
Tuesday, September 15, 2026		
Breakfast Special	Assorted Breakfast Burritos 770-1010 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Fiesta Chicken	\$12.00
Vegetable	Mexican Street Corn Salad	
Sides	Cilantro Lime Rice	
	Marinated & Grilled Chicken Breast topped with Fresh Pico de Gallo, Avocado, Cilantro, & Chipotle Lime Dressing. CONTAINS: DAIRY, SOY, EGG	
Flavor & Fire	Strawberry Habanero Burger	\$12.00
	Grass Fed Beef Burger, Ham, Strawberry Habanero Jam, Lettuce, Tomato, & Mayo.	
Soup	Beer Cheese with Bacon Moroccan Lentil	Cup \$2.95
Wednesday, September 16, 2026		
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Beef & Broccoli	\$12.00
Vegetable	Vegetable Spring Roll	
Sides	Jasmine Rice	
	Marinated Flank Steak and Broccoli Florets in a Hoisin-Soy-Ginger Sauce. CONTAINS: SOY, WHEAT, SHELLFISH, FISH, SESAME	
Flavor & Fire	Italian Grinder	\$12.00
	Ham, Salami, Capicola, Provolone, Lettuce, Tomato, Onion, Pepperoncini Peppers, Garlic Aioli, & Red Wine Vinaigrette on a Toasted Hoagie CONTAINS: EGG, WHEAT, DAIRY	
Soup	Beef Chili Beer Cheese with Bacon	Cup \$2.95
Thursday, September 17, 2026		
Breakfast Special	Assorted Breakfast Burritos 770-1010 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Butter Chicken	\$12.00
Vegetable	Spiced Lentils	
Sides	Rice/ Naan	
	Tender Marinated Chicken Stewed in a Creamy Tomato & Indian Spiced Sauce. Served with Spiced Lentils, Basmati Rice & Naan Bread. Topped with Fresh Herbs and Onions.	
Flavor & Fire	Taco Salad	\$12.00
	Fried Tortilla Shell Filled with Crisp Lettuce, Ground Beef, Pinto Beans, Cheddar Cheese, Green Onions, Corn Salsa, Pico de Gallo, Sour Cream, Guacamole, & Southwest Ranch Dressing. CONTAINS: EGG, WHEAT, DAIRY, SOY	
Soup	Turkey Wild Rice Beef Chili	Cup \$2.95
Friday, September 18, 2026		
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Fish & Chips	\$12.00
Vegetable	Coleslaw	
Sides	Sidewinders	
	House Battered and Fried Fresh. Served w/ Tartar Sauce & Lemon CONTAINS: FISH, EGG, WHEAT, GLUTEN, SOY	
Flavor & Fire	Lemongrass Pork Stir-Fry	\$12.00
	Pork Tenderloin & Loads of Vegetables Stir-Fried w/ a Thai Lemongrass Sauce. Served over Jasmine Rice.	
Soup	Clam Chowder Turkey Wild Rice	Cup \$2.95