



the VALLEY CAFÉ

Monday, October 5, 2026		
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Nacho Bar	\$12.00
Vegetable	0	
Sides	Beans & Rice	
	Build 'em how you like 'em. Ground Beef, Black Bean con Comino, Spanish Rice, Nacho Cheese Sauce & Assorted Fresh Toppings.	
Flavor & Fire	Chicken Pad Thai	\$12.00
	Chicken, Rice Noodles, Egg, & Vegetables Stir-Fried in Pad Thai Sauce. CONTAINS: EGG, FISH, SOY	
Soup	Thai Curried Squash	Cup \$2.95
	Sweet Corn, Jalapeno & Bacon Chowder	
Tuesday, October 6, 2026		
Breakfast Special	Assorted Breakfast Burritos 770-1010 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	General's Chicken	\$12.00
Vegetable	Stir Fried Vegetable Medley	
Sides	Egg Fried Rice	
	Lightly Dredged Chicken Tossed in General Tso's Sauce. Served with Egg Fried Rice & Stir-Fried Vegetable Medley.	
Flavor & Fire	Mediterranean Steak Hoagie	\$12.00
	Yogurt Marinated Beef, Garlic-Tarragon Aioli, Pickled Red Onions, Lettuce & Tomato on a Toasted Hoagie.	
Soup	Split Pea & Ham	Cup \$2.95
	Thai Curried Squash	
Wednesday, October 7, 2026		
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Calzone	\$12.00
Vegetable	Garden Salad	
Sides	Marinara Dipping Sauce	
	Spicy Italian Sausage, Bell Pepper, Onion, Ricotta, & Mozzarella Stuffed Calzone. Served with Marinara Dipping Sauce.	
Flavor & Fire	Miso Pork Ramen Bowl	\$12.00
	Shaved Pork Tenderloin, Yakisoba Noodles, Assorted Vegetables, & Boiled Egg in a Rich Miso Broth.	
Soup	Turkey Noodle	Cup \$2.95
	Split Pea & Ham	
Thursday, October 8, 2026		
Breakfast Special	Assorted Breakfast Burritos 770-1010 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Bulgogi Beef Bowl	\$12.00
Vegetable	Kimchi	
Sides	Sushi Rice	
	Sushi Rice topped with Asian Marinated Flank Steak, Kimchi, Boiled Egg, Cucumber, Carrot, Green Onion, Cilantro, Spicy Mayo, & Sesame Seeds CONTAINS: WHEAT, EGG, FISH, SESAME, SOY	
Flavor & Fire	Carnitas Burrito	\$12.00
	Carnitas, Pinto Beans, Rice, Pico de Gallo, Cheese, & Sour Cream in a Tortilla Wrap. Served with Chips & Guacamole.	
Soup	Spicy Chicken & Sausage Gumbo	Cup \$2.95
	Turkey Noodle	
Friday, October 9, 2026		
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Fish & Chips	\$12.00
Vegetable	Coleslaw	
Sides	Sidewinders	
	House Battered and Fried Fresh. Served w/ Tartar Sauce & Lemon CONTAINS: FISH, EGG, WHEAT, DAIRY, SOY	
Flavor & Fire	Triple Decker Club Sandwich	\$12.00
	Toasted Sourdough Stacked with Turkey, Bacon, Ham, Swiss, Cheddar, Lettuce, Tomato, & Mayo.	
Soup	Clam Chowder	Cup \$2.95
	Spicy Chicken & Sausage Gumbo	