



Monday, October 19, 2026		
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Pork Carnitas	\$12.00
Vegetable	Black Beans	
Sides	Spanish Rice	
	Slow Cooked Pork Carnitas Tacos topped with Fresh Cabbage, Cilantro, & Onion.	
Flavor & Fire	Buffalo Chicken Wrap	\$12.00
	Crispy Chicken Tenders tossed in Buffalo Sauce, Lettuce, Tomato, Cheddar Cheese & Ranch Dressing in a Tortilla Wrap.	
Soup	Tomato Basil Clam Chowder	Cup \$2.95
Tuesday, October 20, 2026		
Breakfast Special	Assorted Breakfast Burritos 770-1010 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Teriyaki Chicken	\$12.00
Vegetable	Stir-Fried Vegetable Medley	
Sides	Jasmine Rice	
	Stir-Fried Chicken Thighs in a Savory-Sweet Soy Glaze. Served with Jasmine Rice & Vegetable Medley.	
Flavor & Fire	Gyro	\$12.00
	Beef & Lamb Gyro topped with Lettuce, Tomato, Onion, Feta Cheese, & Tzatziki Sauce.	
Soup	Loaded Baked Potato Soup Tomato Basil	Cup \$2.95
Wednesday, October 21, 2026		
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Chicken Cordon Bleu	\$12.00
Vegetable	Broccoli	
Sides	Loaded Mashed Potatoes	
	Breaded Chicken Breast stuffed with Ham & Swiss Cheese. Served with White Wine Cream Sauce.	
Flavor & Fire	Turkey, Bacon, Cheddar, Avocado Hoagie	\$12.00
	Grilled Turkey, Bacon, Cheddar Cheese, Lettuce, Tomato, Avocado & Mayo on a Toasted Hoagie.	
Soup	Spicy Lemon Ginger Chicken Loaded Baked Potato Soup	Cup \$2.95
Thursday, October 22, 2026		
Breakfast Special	Assorted Breakfast Burritos 770-1010 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Carne Asada Fries	\$12.00
Vegetable	0	
Sides	0	
	Crispy Fries topped with Carne Asada, Cheddar, Cotija, Pico de Gallo, Crema, Guacamole & Green Onions. CONTAINS: DAIRY Vegetarian Loaded Mexican Fries Also Available to Order.	
Flavor & Fire	Reuben	\$12.00
	Sliced Corned Beef Brisket, Sauerkraut, Swiss & Thousand Island on Toasted Rye.	
Soup	Pozole Spicy Lemon Ginger Chicken	Cup \$2.95
Friday, October 23, 2026		
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Roast Chicken	\$12.00
Vegetable	Char Grilled Vegetables	
Sides	Lemon Herb Potatoes	
	Roast Chicken Leg Quarter with Greek Lemon Herb Potatoes and Char Grilled Vegetable Medley	
Flavor & Fire	Baja Fish Tacos	\$12.00
	Lightly Dredged Cod, Chipotle Cream, Cabbage, & Pico de Gallo.	
Soup	Clam Chowder Pozole	Cup \$2.95