



Mental and Behavioral Health

Abbie Shelter

- <https://www.abbieshelter.org/>
- Phone: (406) 752-7273 | Flathead County
- Helpline, counseling and court services for all survivors of domestic and sexual violence.

Addiction Recovery Resources

Cedar Creek Integrated Health

- <https://www.aclumontana.org/>
- Phone: (406) 890-2570 | 2282 US Hwy 93 S, Kalispell MT
- Outpatient mental health and addiction recovery services.

Sweetgrass Psychological Services

- <https://sweetgrasspsychological.com/contact>
- Phone: (406) 298-5728
- Locations in Whitefish and Columbia Falls
- Provides mental health services

Community Medical Services

- <https://communitymedicalservices.org/locations/addiction-treatment-kalispell-montana>
- Phone: (406) 206-3885 | 795 Sunset Blvd, Suite F, Kalispell MT
- Provides addiction recovery services including counseling, group/peer support and medication treatment. Accepts Medicaid and other insurances.

Many Rivers Whole Health

- <https://manyriverswholehealth.org/>
- Phone: (406) 756-6453 | 418 Windward Way, Kalispell MT
- Outpatient mental health and addiction recovery services.

Oxytocin

- <https://www.oxytocinclinic.com/>
- Phone: (406) 314-6565 | 1203 US HWY 2 W Entrance D – East Side, Kalispell MT
- Adult and adolescent mental health and addiction recovery services.

The Gateway of Hope

- <https://thegatewayofhope.org/>
- Phone: (406) 270-1313
- Located in Kalispell, Montana, The Gateway of Hope is a mentoring and discipleship program for men that have completed a drug or alcohol inpatient rehab program. We provide housing, transportation, financial training and a safety net for men who are growing in their relationship with Jesus and regaining their footing in their life.



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Child Development Services

Benchmark Human Services – Children aged 0 to 3 years

- Phone: (406) 403-0087 | (406) 204-3054 | 1728 9th Ave, Helena MT

Child Development Services cont.

Empowering Abilities, Building Community – Children aged 3 to 16

- Phone: (406) 443-3083_ | 1236 Helena Ave, Helena MT
- Both programs provide services that support children with developmental delays or disabilities.

Greater Valley Behavioral Health

- <https://greatervalleyhealth.org/behavioral-health>
- Phone: (406) 751-8113 | 1035 1st Ave W, Kalispell MT
- Adult, teen and child mental health services.

Intermountain

- <https://www.intermountain.org/home/>
- Phone: (406) 755-4022 | 322 2nd Ave W, Ste A, Kalispell MT
- Child and family mental health services.

Logan Health Behavioral Health

Kalispell

- <https://www.logan.org/location/logan-health-behavioral-health/>
- Phone: (406) 756-3950 | 200 Heritage Way, Kalispell MT
- Adult and adolescent services.

Whitefish

- <https://www.logan.org/location/logan-health-behavioral-health-whitefish/>
- Phone: (406) 862-1030 | 2004 Hospital Way, Whitefish MT
- Adult, teen and child services.



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Logan Health Newman Center

Adult Services

- <https://www.logan.org/location/logan-health-newman-center-adult-services/>
- Phone: (406) 758-3244 | 160 Heritage Way Suite 102, Kalispell MT
- Outpatient mental health and psychiatric services.

Pediatric Services

- <https://www.logan.org/location/logan-health-newman-center-pediatric-services/>
- Phone: (406) 758-5155 | 75 Claremont St, Kalispell MT
- Outpatient mental health and psychiatric services.

PATH - Project for Assistance in Transition from Homelessness

- <https://dphhs.mt.gov/BHDD/Prevention/ProjectsforAssistanceinTransitionfromHomelessnessPATH>
- Address: 410 Windward Way, Kalispell MT
- Assistance with mental health stabilization services and housing for homeless or at-risk for homelessness individuals with serious mental illness.

VA Clinic

- <https://www.va.gov/montana-health-care/>
- Phone: (406) 758-2700 | 31 Three Mile Dr, Kalispell MT
- Veteran outpatient health care services.

Vet Center

- <https://www.vetcenter.va.gov/>
- Phone: (406) 257-7308 | 690 N Meridian Rd, Ste 101, Kalispell MT
- Outpatient mental health services and support for veterans and families.

Western Montana Mental Health Center

- <https://www.wmmhc.org/mental-health>
- Phone: (406) 257-1336 | 410 Windward Way, Kalispell MT
- Outpatient mental health services and support for adults.

Youth Dynamics

- <https://www.youthdynamics.org/>
- Phone: (406) 751-8017 | 450 Corporate Dr, Ste 105 & 106, Kalispell MT
- Mental and behavioral services for Montana children and families.



Mental and Behavioral Health

Logan Health - Let's Talk About It

- <https://www.logan.org/services/behavioral-health/lets-talk-about-it/>
- Information and resources about suicide prevention and mental health.

Nate Chute Foundation

- <http://www.natechutefoundation.org/>
- Phone: (406) 730-2521
- Provides community education and support to promote mental health wellness and reduce suicide. Provides group trainings for schools, businesses and organizations. Provides Bluebird Boxes – care package for survivors of suicide loss.

NAMI Flathead

- <https://namimt.org/nami-montana-affiliates/#namiflathead>
- Phone: (406) 854-2323 | (406) 250-3795 | Email: namiflathead@gmail.com | 1203 Hwy 2 West, Kalispell MT
- Mental health education and support groups.

Psychology Today

- <https://www.psychologytoday.com/us/therapists>
- Search for mental health therapists by location and specialty.

Tamarack Grief Resource Center

- <https://www.tamarackgrc.org>
- Missoula Office – 405 South 1st Street West | Phone: (406) 541-8472
- Kalispell Office – 17 Second Street East #203 | Phone: (406) 261-0724 | (406) 998-6383
- Browning Office – Phone: (406) 239-8472
- Tamarack Grief Resource Center provides counseling, support groups and camps for youth, teens, adults, couples, and families. Treatment to stabilize, strengthen, and support individuals and families living with a wide variety of challenges, including bereavement, family or relational distress, work changes, suicide support, mental health challenges, and more. Offer counseling for individuals across Montana using telehealth counseling and in-person counseling at Kalispell, Missoula and Browning offices.

Flathead County Crisis Assistance Team (CAT)

- <https://flatheadcounty.gov/departments-directory/health/crisis-assistance-team>
- Program operated by the Flathead City-County Health Department, Behavioral Health Division. Provides behavioral health mobile crisis response services for community members experiencing a mental health crisis. Operation hours 10 am to 10 pm, 7 days/week throughout Flathead County.
- Crisis response can be requested by calling 911 or 988.



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Suicide and Mental Health Crisis Lifeline

- Dial 988 or text MT or Home to 741-741

American Foundation for Suicide Prevention

- <https://afsp.org/>
- Connection to mental health, crisis, suicide prevention and support group resources.

Volunteers of America Northern Rockies

- <https://www.voanr.org/>
- Phone: (406) 314-4150 | 431 1st Avenue West, Kalispell, MT 59901
- Supportive Services for Veteran Families (SSVF): <https://www.va.gov/homeless/ssvf/supportive-services/>
- Staff Sergeant Parker Gordon Fox Suicide Prevention Grant & Moral Injury: <https://www.voanr.org/services/moral-injury>

American Foundation for Suicide Prevention

- <https://advancehopementalwellness.com/>
- Phone: (406) 201-1616 | 1325 US Hwy 2, Suite A, Kalispell
- Provides mental health counseling, psychiatric care, certified mental health coaches and biblical counselors. Accepts insurance and has a sliding scale scholarship program available dependent on funds available through Advance Hope Ministries.
- Email: office@advancehope.org

Postpartum Resource Group

- <https://www.postpartumresourcegroup.org/contact-us>
- Free monthly peer support groups for mothers who are experiencing postpartum mood disorders, including depression, anxiety and OCD and for mothers who are or have experienced loss, trauma or hardship from pregnancy into the postpartum period.
- Ph. 406-282-1160
- Email. thenetwork@postpartumresourcegroup.org
- Free monthly peer support groups for mothers who are experiencing postpartum mood disorders, including depression, anxiety and OCD and for mothers who are or have experienced loss, trauma or hardship from pregnancy into the postpartum period.
- The Circle – Postpartum peer support groups offered in Kalispell, Bigfork, Whitefish and Great Falls.
- Perinatal Loss and Grief peer support group meets monthly in Kalispell.
- Medical Mamas peer support group geared towards Moms of medically complex kids meet monthly in Kalispell.
- The Network – an integrated mental health network of vetted and independently licensed providers who will provide timely and high-quality support. Includes a dedicated social worker, psychiatric nurse practitioners and mental health counselors.
- Mother In Need Fund – offers a small one-time scholarship to reduce some financial burden for things like counseling, self-care, groceries and baby supplies. Online application available.