



# Moving and Decluttering Resources

## **Caring Transitions of Western Montana**

- <https://www.caringtransitionswwmt.com/>
- Phone: (406) 203-0162
- Assistance with senior relocation, downsizing/decluttering, estates sales and on-line auctions, and home cleanouts.
- Coverage area: Missoula, Bitterroot, Flathead Valley and surrounding areas in between.
- Stefanie Silvan

## **Shepherd's Hand Home Solutions**

- <https://shepherdshand.com/>
- Phone: (406) 260-3502 | 911 Wisconsin Ave #140, Whitefish MT
- Email: [info@shepherdshand.com](mailto:info@shepherdshand.com)
- Assists with minor home repairs, modifications, moving assistance and seasonal yard work for low-income seniors and disabled individuals.