



# Mental and Behavioral Health

## Abbie Shelter

- <https://www.abbieshelter.org/>
- Phone: (406) 752-7273 | Flathead County
- Helpline, counseling and court services for all survivors of domestic and sexual violence.

## Addiction Recovery Resources

### Cedar Creek Integrated Health

- <https://www.aclumontana.org/>
- Phone: (406) 890-2570 | 2282 US Hwy 93 S, Kalispell MT
- Outpatient mental health and addiction recovery services.

### Sweetgrass Psychological Services

- <https://sweetgrasspsychological.com/contact>
- Phone: (406) 298-5728
- Locations in Whitefish and Columbia Falls
- Provides mental health services

### Community Medical Services

- <https://communitymedicalserves.org/locations/addiction-treatment-kalispell-montana>
- Phone: (406) 206-3885 | 795 Sunset Blvd, Suite F, Kalispell MT
- Provides addiction recovery services including counseling, group/peer support and medication treatment. Accepts Medicaid and other insurances.

### Many Rivers Whole Health

- <https://manyriverswholehealth.org/>
- Phone: (406) 756-6453 | 418 Windward Way, Kalispell MT
- Outpatient mental health and addiction recovery services.

### Oxytocin

- <https://www.oxytocinclinic.com/>
- Phone: (406) 314-6565 | 1203 US HWY 2 W Entrance D – East Side, Kalispell MT
- Adult and adolescent mental health and addiction recovery services.

### The Gateway of Hope

- <https://thegatewayofhope.org/>
- Phone: (406) 270-1313
- Located in Kalispell, Montana, The Gateway of Hope is a mentoring and discipleship program for men that have completed a drug or alcohol inpatient rehab program. We provide housing, transportation, financial training and a safety net for men who are growing in their relationship with Jesus and regaining their footing in their life.



# Mental and Behavioral Health

## Cedar Creek Integrated Health

- <https://www.aclumontana.org/>
- Phone: (406) 890-2570 | 2282 US Hwy 93 S, Kalispell MT
- Outpatient mental health and addiction recovery services.

## Child Development Services

Benchmark Human Services – Children aged 0 to 3 years

- Phone: (406) 403-0087 | (406) 204-3054 | 1728 9th Ave, Helena MT

## Child Development Services cont.

Empowering Abilities, Building Community – Children aged 3 to 16

- Phone: (406) 443-3083\_ | 1236 Helena Ave, Helena MT
- Both programs provide services that support children with developmental delays or disabilities.

## Greater Valley Behavioral Health

- <https://greatervalleyhealth.org/behavioral-health>
- Phone: (406) 751-8113 | 1035 1st Ave W, Kalispell MT
- Adult, teen and child mental health services.

## Intermountain

- <https://www.intermountain.org/home/>
- Phone: (406) 755-4022 | 322 2nd Ave W, Ste A, Kalispell MT
- Child and family mental health services.

## Logan Health Behavioral Health

### Kalispell

- <https://www.logan.org/location/logan-health-behavioral-health/>
- Phone: (406) 756-3950 | 200 Heritage Way, Kalispell MT
- Adult and adolescent services.

### Whitefish

- <https://www.logan.org/location/logan-health-behavioral-health-whitefish/>
- Phone: (406) 862-1030 | 2004 Hospital Way, Whitefish MT
- Adult, teen and child services.



# Mental and Behavioral Health

## Logan Health Newman Center

### Adult Services

- <https://www.logan.org/location/logan-health-newman-center-adult-services/>
- Phone: (406) 758-3244 | 160 Heritage Way Suite 102, Kalispell MT
- Outpatient mental health and psychiatric services.

### Pediatric Services

- <https://www.logan.org/location/logan-health-newman-center-pediatric-services/>
- Phone: (406) 758-5155 | 75 Claremont St, Kalispell MT
- Outpatient mental health and psychiatric services.

## PATH - Project for Assistance in Transition from Homelessness

- <https://dphhs.mt.gov/BHDD/Prevention/ProjectsforAssistanceinTransitionfromHomelessnessPATH>
- Address: 410 Windward Way, Kalispell MT
- Assistance with mental health stabilization services and housing for homeless or at-risk for homelessness individuals with serious mental illness.

## VA Clinic

- <https://www.va.gov/montana-health-care/>
- Phone: (406) 758-2700 | 31 Three Mile Dr, Kalispell MT
- Veteran outpatient health care services.

## Vet Center

- <https://www.vetcenter.va.gov/>
- Phone: (406) 257-7308 | 690 N Meridian Rd, Ste 101, Kalispell MT
- Outpatient mental health services and support for veterans and families.

## Western Montana Mental Health Center

- <https://www.wmmhc.org/mental-health>
- Phone: (406) 257-1336 | 410 Windward Way, Kalispell MT
- Outpatient mental health services and support for adults.

## Youth Dynamics

- <https://www.youthdynamics.org/>
- Phone: (406) 751-8017 | 450 Corporate Dr, Ste 105 & 106, Kalispell MT
- Mental and behavioral services for Montana children and families.



# Mental and Behavioral Health

## Logan Health - Let's Talk About It

- <https://www.logan.org/services/behavioral-health/lets-talk-about-it/>
- Information and resources about suicide prevention and mental health.

## Nate Chute Foundation

- <http://www.natechutefoundation.org/>
- Phone: (406) 730-2521
- Provides community education and support to promote mental health wellness and reduce suicide. Provides group trainings for schools, businesses and organizations. Provides Bluebird Boxes – care package for survivors of suicide loss.

## NAMI Flathead

- <https://namimt.org/nami-montana-affiliates/#namiflathead>
- Phone: (406) 854-2323 | (406) 250-3795 | Email: [namiflathead@gmail.com](mailto:namiflathead@gmail.com) | 1203 Hwy 2 West, Kalispell MT
- Mental health education and support groups.

## Psychology Today

- <https://www.psychologytoday.com/us/therapists>
- Search for mental health therapists by location and specialty.

## Tamarack Grief Resource Center

- <https://www.tamarackgrc.org>
- Missoula Office – 405 South 1st Street West | Phone: (406) 541-8472
- Kalispell Office – 17 Second Street East #203 | Phone: (406) 261-0724 | (406) 998-6383
- Browning Office – Phone: (406) 239-8472
- Tamarack Grief Resource Center provides counseling, support groups and camps for youth, teens, adults, couples, and families. Treatment to stabilize, strengthen, and support individuals and families living with a wide variety of challenges, including bereavement, family or relational distress, work changes, suicide support, mental health challenges, and more. Offer counseling for individuals across Montana using telehealth counseling and in-person counseling at Kalispell, Missoula and Browning offices.

## Flathead County Crisis Assistance Team (CAT)

- <https://flatheadcounty.gov/departments-directory/health/crisis-assistance-team>
- Program operated by the Flathead City-County Health Department, Behavioral Health Division. Provides behavioral health mobile crisis response services for community members experiencing a mental health crisis. Operation hours 10 am to 10 pm, 7 days/week throughout Flathead County.
- Crisis response can be requested by calling 911 or 988.



# Mental and Behavioral Health

## **Suicide and Mental Health Crisis Lifeline**

- Dial 988 or text MT or Home to 741-741

## **American Foundation for Suicide Prevention**

- <https://afsp.org/>
- Connection to mental health, crisis, suicide prevention and support group resources.