

May 2026 Swim Lessons

Online Registration:

Members: April 21st at 9am

Non-Members: April 23rd at 9am

Member Price: \$65

Non-Members: \$75

Which class should I choose?

If your child has been in lessons in the last 9 months, the Aquatics department has the station level on file and will update it automatically. Register for one of the following groups and we will arrange them into classes based on their age and skills.

Parent-Tot Swim Lessons. These classes are for infants and toddlers 6 months to 3 years old. An adult and child work together in the water to become comfortable and learn basic safety skills. **(Sorry, no classes starting in May.)**

Preschool Pollywogs. These classes are limited to 3-and 4-year-olds. The parent is not in the water with them.

SwimAmerica: Foundations. This group includes stations 1, 2, and 3 and builds the foundational skills to succeed in swimming: safety, breath control, floats, glides, and kicking. (See our website www.logan.org/aquatics for a description of each station.)

SwimAmerica: Intermediate. This group includes stations 4, 5, and 6. After mastering the foundational skills, these classes focus on the crawl stroke with side-breathing as well as the basics of backstroke, breaststroke, and butterfly.

SwimAmerica: Stroke School. This group includes stations 7 through 10 where they increase their endurance and work on the technique for all the competitive strokes.

Depending on your child's age and ability, it may take multiple sessions to advance to the next station.

Register online at www.logan.org/fitness
then go to "Online Portal"

LOGAN
HEALTH

Swimming Progression

