



# Crisis Resources

## Disaster Services

### American Red Cross

- [Our Work | Montana Region | American Red Cross](#)
- Phone: 1-800-733-2767 | 126 Meridian Rd, Kalispell MT
- Red Cross addresses basic needs such as food, shelter and mental/health services. They help those affected by disasters contact partner organizations for additional services.

## Domestic & Sexual Violence

### Blackfeet Domestic Violence Program

- <https://dojmt.gov/ovs-advocates/blackfeet-domestic-violence-program/>
- Phone: (406) 338-2408 | Crisis Line: (406) 338-4000 | P.O. Box 850, Browning MT
- Community-based advocate

### Sanders County Coalition for Families

- <https://sccff.org/>
- Phone: (406) 827-3218 | Helpline: (406) 827-3745 OR 1 (800) 265-0415 | 303 E Main St, Lower Level, Thompson Falls, MT 59873
- Email: [sccff@sccff.org](mailto:sccff@sccff.org)
- Domestic and sexual violence crisis support, advocacy, support, counseling and emergency shelter/housing.

### Lincoln County Crisis Solutions

- <https://lincolncountycrisissolutions.org/>
- Phone: (406) 293-3223 | Crisis Line: 1 (877) 493-7139
- Provides emergency shelter, support groups and other types of services, such as food or transportation, for survivors of domestic violence and sexual assault.

### National Domestic Violence Hotline

- <https://www.thehotline.org/>
- Phone: 1-800-799-7233
- For anyone affected by abuse and needing support.

### National Sexual Assault Hotline

- <https://www.rainn.org/get-help>
- Phone: 1-800-656-4673
- The nation's largest anti-sexual violence organization.



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## Domestic & Sexual Violence

### Violence Free Crisis Line

- [www.abbieshelter.org](http://www.abbieshelter.org)
- Phone: (406) 752-7273 | Kalispell
- Peer counseling, crisis intervention and advocacy for victims of battering, incest, domestic violence, sexual assault and rape.

### Human Trafficking Task Force

- Phone: (406) 758-5600 | 1-833-406-7867 | Flathead County
- Call to report if you are a victim or suspect someone else is a victim, trafficker or buyer.

### Blue Campaign

- [www.dhs.gov/blue-campaign](http://www.dhs.gov/blue-campaign)
- Phone: 1-888-373-7888 | Text 'HELP' to 233733 (BeFree)
- A unified voice for US Homeland Security's effort to combat human trafficking.

### Stronghearts Native Helpline

- [www.strongheartshelpline.org/](http://www.strongheartshelpline.org/)
- Phone: 1-844-764-8483
- Culturally appropriate, anonymous, confidential, free service to American Indians affected by domestic and/or sexual violence.

### Safe Harbor

- <https://safeharbormt.org/>
- Phone: (406) 676-0992 | Hotline: (406) 676-0800 (available 24/7)
- Serving Lake County and the Flathead Reservation to provide emergency shelter, crisis intervention and emergency advocacy.

## Mental & Behavioral Health

### Western Montana Mental Health Center

- <https://www.wmmhc.org/>
- Crisis Line: (406) 752-6262 | (406) 257-1336 | 410 Windward Way, Kalispell MT
- 24-hour mental health crisis intervention.

### Substance Abuse & Mental Health Helpline (SAMHSA)

- <https://www.samhsa.gov/find-help/national-helpline>
- Phone: 1-800-662-4357
- Confidential, 24/7, 365 day-a-year treatment, referral and information service for individuals and families facing mental and/or substance use disorders.



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### Mental & Behavioral Health

#### Braveheart Chaplain Ministry

- <https://braveheartministry.com/mission/>
- Phone: (406) 871-0183
- Crisis counseling for first responders and citizens.

#### Tamarack Grief Resource Center

- <https://www.tamarackgrc.org/>
- Crisis Line: (406) 888-0020 | Office: (406) 261-0724 | 17 2nd St E #202, Kalispell MT
- Comprehensive grief help through counseling, grief camps and retreats, school-based programs, support groups, community workshops and professional education.

#### Alcoholics Anonymous

- [www.aa.org](http://www.aa.org)
- Phone: 1-833-800-8553
- A solution for a problem with alcohol

#### Gambler Helpline

- [www.mtproblemgambling.org](http://www.mtproblemgambling.org)
- Phone: 1-888-900-9979 | 1-800-522-4700
- Confidential help for a gambling addiction is available 24/7.

#### Opiate Addiction and Treatment Resource

- [www.opiateaddictionresource.com](http://www.opiateaddictionresource.com)
- Phone: 1-800-758-6890
- Up-to-date information about opioids, addiction and treatment options.

#### Montana Recovery Warm Line

- <https://www.mhaofmt.org/resources>
- Phone: 1-877-688-3377
- Not a crisis line. Provides a friendly person for those dealing with mental illness who just need someone to talk to.

#### Abbie Shelter

- [www.abbieshelter.org](http://www.abbieshelter.org)
- Phone: (406) 752-7273
- Helpline, counseling and court services for all survivors of domestic and sexual violence.



# Crisis Resources

## Miscellaneous

### Victim Witness Advocates

- <https://www.abbieshelter.org/>
- Phone: (406) 752-7273
- Certified advocates help with Orders of Protection and support services during investigation and prosecution of sexual/domestic violence.

### Victim Services

- <https://www.dojmt.gov/victim-services/>
- Phone: (406) 444-3653 | 1-800-498-6455
- Central reference point for victims of crime and offers information and referrals.

### Flathead County Victim Advocate

- <http://flatheadcountysheriff.com/crime-victim-advocate/>
- Phone: (406) 758-2108 | 920 Main St, Suite 100, Kalispell MT
- Help for victims of partner or family member assault. The County Attorney's Office may file criminal charges against your abuser.

### Rocky Mountain Poison and Drug Safety

- <https://www.rmpds.org/>
- Phone: 1-800-222-1222
- Poison information and emergency help.

### YMCA in Missoula

- <https://www.ywcamissoula.org/i-need-help/>
- Phone: (406) 542-1944 | Crisis Line: (800) 483-7858
- Domestic violence advocacy, support, counseling and emergency pet-friendly family shelter/housing.

## Seniors

### Elder Abuse Hotline

- <https://dphhs.mt.gov/SLTC/aps/index>
- Phone: 1-844-277-9300 | Immediate harm, call 911
- Call if you suspect a senior is being abused, neglected or exploited.



# Crisis Resources

## Seniors

### Alzheimer's 24/7 Helpline

- <https://www.alz.org/montana#:~:text=Call%20our%2024%2F7%20Helpline,3900>.
- Phone: 1-800-272-3900
- Confidential support and information for people living with dementia, caregivers, families and the public.

## Suicide Prevention

### Suicide Prevention Lifeline

- <https://988lifeline.org/>
- Phone: Dial 988
- Free and confidential support 24/7 for people in distress, prevention and crisis resources for you or your loved ones.

## Crisis Text Line

- <https://www.crisistextline.org/text-us/>
- Phone: Text 'MT' to 741-741
- Serves anyone in any type of crisis, providing access to free 24/7 support via a medium people already use and trust.

## United Way Help Net

- <https://www.unitedwaycares.org/help-net>
- Phone: Call 211 | (406) 752-8181 | 1-800-332-8425
- Information and referral links people to services, counselors and support groups.

## Veteran Crisis Lifeline

- [www.veteranscrisisline.net](http://www.veteranscrisisline.net)
- Phone: Dial 988 then press 1 | text message to 838255
- Veterans in emotional distress talk with a crisis counselor 24/7.

## The Trevor Project

- [www.thetrevorproject.org/](http://www.thetrevorproject.org/)
- Phone: 1-866-488-7386 | text 678-678
- Crisis intervention and suicide prevention for LGBTQ people.



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## Veterans

### Veteran Crisis Lifeline

- [www.veteranscrisisline.net](http://www.veteranscrisisline.net)
- Phone: Dial 988 then press 1 | text message to 838255
- Veterans in emotional distress talk with a crisis counselor 24/7

### Homeless Vets in Need of Help

- [www.va.gov/homeless/nationalcallcenter.asp](http://www.va.gov/homeless/nationalcallcenter.asp)
- Phone: 1-877-424-3838
- Homeless veterans or at risk for homelessness can get free 24/7 access to trained VA counselors.

### Samaritan House - Veteran's Program

- <https://samaritanhousemt.com/>
- <https://www.facebook.com/homelessinthehead>
- Phone: (406) 257-5801 | 124 9th Ave W, Kalispell MT
- Emergency shelter, meals and services to veterans.

## Youth

### Child Abuse & Neglect Hotline

- <https://dphhs.mt.gov/cfsd/index>
- Phone: 1-866-820-5437
- Report suspected abuse and/or neglect of a child

### Missing & Exploited Children

- <https://www.missingkids.org/gethelpnow/cybertipline>
- Phone: 1-800-843-5678
- Help to find missing children, reduce exploitation and prevent victimization.

### Runaway Safeline

- <https://www.1800runaway.org/>
- Phone: 1-800-786-2929
- Offers a crisis hotline and online services 24/7 to youth at risk of running away, those who have run away or are homeless. They are able to offer a free bus ticket home.

### Teen Dating Violence Hotline

- <https://www.loveisrespect.org/>
- Phone: 1-866-331-9474 | text 'Love is' to 22522
- Provides 24 hour information, support and referrals for teens. Accepts phone calls, texts and online chat.