



Monday, March 9, 2026

<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Chicken Caesar Penne Pasta</b>	<b>\$12.00</b>
<b>Vegetable</b>	<b>0</b>	
<b>Sides</b>	<b>Garlic Parmesan Roll</b>	
	<i>Chicken Caesar Penne Pasta with Tomato, Kalamata Olive, Onion &amp; Spinach. Topped with Feta and Parmesan. Served with Garlic Parmesan Roll. CONTAINS: WHEAT, EGG, DAIRY, FISH</i>	
<b>Flavor &amp; Fire</b>	<b>Shredded Pork Char Siu Hoagie</b>	<b>\$12.00</b>
	<i>Char Siu Pork, Crunchy Asian Slaw, &amp; Fresh Sliced Cucumbers on a Toasted Hoagie Roll. Served with House Chips.</i>	
<b>Soup</b>	<b>Thai Curried Squash</b>	<b>Cup \$2.95</b>
	<b>Sweet Corn, Jalapeno &amp; Bacon Chowder</b>	

Tuesday, March 10, 2026

<b>Breakfast Special</b>	<b>Assorted Breakfast Burritos 770-1010 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Bulgogi Beef Bowl</b>	<b>\$12.00</b>
<b>Vegetable</b>	<b>Kimchi</b>	
<b>Sides</b>	<b>Sushi Rice</b>	
	<i>Sushi Rice topped with Asian Marinated Flank Steak, Kimchi, Boiled Egg, Cucumber, Carrot, Green Onion, Cilantro, Spicy Mayo, &amp; Sesame Seeds CONTAINS: WHEAT, EGG, FISH, SESAME, SOY</i>	
<b>Flavor &amp; Fire</b>	<b>Chicken Parmesan Sandwich</b>	<b>\$12.00</b>
	<i>Parmesan Crusted Chicken Breast Sandwich topped with Marinara &amp; Melted Provolone.</i>	
<b>Soup</b>	<b>Split Pea &amp; Ham</b>	<b>Cup \$2.95</b>
	<b>Thai Curried Squash</b>	

Wednesday, March 11, 2026

<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Swedish Meatballs</b>	<b>\$12.00</b>
<b>Vegetable</b>	<b>Garlic Green Bean</b>	
<b>Sides</b>	<b>Egg Noodle</b>	
	<i>Beef Meatballs &amp; Mushrooms in a Rich Sour Cream Sauce. Served over Egg Noodles. CONTAINS: WHEAT, EGG, SOY, DAIRY, FISH</i>	
<b>Flavor &amp; Fire</b>	<b>Miso Pork Ramen Bowl</b>	<b>\$12.00</b>
	<i>Shaved Pork Tenderloin, Yakisoba Noodles, Assorted Vegetables, &amp; Boiled Egg in a Rich Miso Broth.</i>	
<b>Soup</b>	<b>Turkey Noodle</b>	<b>Cup \$2.95</b>
	<b>Split Pea &amp; Ham</b>	

Thursday, March 12, 2026

<b>Breakfast Special</b>	<b>Assorted Breakfast Burritos 770-1010 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Korean Fried Chicken</b>	<b>\$12.00</b>
<b>Vegetable</b>	<b>Spicy Cucumber Salad with Peanuts, Kim Chi</b>	
<b>Sides</b>	<b>Basmati Rice</b>	
	<i>Twice Fried Chicken Thigh Meat tossed in Korean BBQ Sauce. Topped with Green Onions &amp; Sesame Seeds CONTAINS: WHEAT, SOY, SESAME, PEANUT</i>	
<b>Flavor &amp; Fire</b>	<b>Mediterranean Steak Hoagie</b>	<b>\$12.00</b>
	<i>Yogurt Marinated Beef, Garlic-Tarragon Aioli, Pickled Red Onions, Lettuce &amp; Tomato on a Toasted Hoagie.</i>	
<b>Soup</b>	<b>Spicy Chicken &amp; Sausage Gumbo</b>	<b>Cup \$2.95</b>
	<b>Turkey Noodle</b>	

Friday, March 13, 2026

<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Fish &amp; Chips</b>	<b>\$12.00</b>
<b>Vegetable</b>	<b>Coleslaw</b>	
<b>Sides</b>	<b>Sidewinders</b>	
	<i>House Battered and Fried Fresh. Served w/ Tartar Sauce &amp; Lemon CONTAINS: FISH, EGG, WHEAT, DAIRY, SOY</i>	
<b>Flavor &amp; Fire</b>	<b>Chicken Pad Thai</b>	<b>\$12.00</b>
	<i>Chicken, Rice Noodle, Egg, &amp; Vegetables Stir-Fried in Pad Thai Sauce CONTAINS: EGG, FISH, SOY</i>	
<b>Soup</b>	<b>Clam Chowder</b>	<b>Cup \$2.95</b>
	<b>Spicy Chicken &amp; Sausage Gumbo</b>	