



Monday, February 16, 2026

Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	<i>Cuisine Express Grab & Go</i>	
The Market	Pot Roast	\$12.00
Vegetable	Pan Vegetables	
Sides	Mashed Potatoes	
	<i>Braised Beef Chuck Roast, Pan Vegetables, Mashed Potatoes & Beef Gravy</i> CONTAINS: DAIRY, SOY	
Flavor & Fire	Buffalo Chicken, Bacon, Blue Cheese Sidewinder Fries	\$12.00
	<i>Bed of French Fries topped with Crispy Buffalo Chicken, Bacon, Bleu Cheese Crumbles, & Green Onions</i> CONTAINS: WHEAT, EGG, DAIRY, SOY	
Soup	Moroccan Lentil Clam Chowder	Cup \$2.95

Tuesday, February 17, 2026

Breakfast Special	Assorted Breakfast Burritos 770-1010 cal	\$5.00
	<i>Cuisine Express Grab & Go</i>	
The Market	Fiesta Chicken	\$12.00
Vegetable	Mexican Street Corn Salad	
Sides	Cilantro Lime Rice	
	<i>Marinated & Grilled Chicken Breast topped with Fresh Pico de Gallo, Avocado, Cilantro, & Chipotle Lime Dressing.</i> CONTAINS: DAIRY, SOY, EGG	
Flavor & Fire	Strawberry Habanero Burger	\$12.00
	<i>Grass Fed Beef Burger, Ham, Strawberry Habanero Jam, Lettuce, Tomato, & Mayo.</i>	
Soup	Beer Cheese with Bacon Moroccan Lentil	Cup \$2.95

Wednesday, February 18, 2026

Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	<i>Cuisine Express Grab & Go</i>	
The Market	Beef & Broccoli	\$12.00
Vegetable	Vegetable Spring Roll	
Sides	Jasmine Rice	
	<i>Marinated Flank Steak and Broccoli Florets in a Hoisin-Soy-Ginger Sauce.</i> CONTAINS: SOY, WHEAT, SHELLFISH, FISH, SESAME	
Flavor & Fire	Italian Grinder	\$12.00
	<i>Ham, Salami, Capicola, Provolone, Lettuce, Tomato, Onion, Pepperoncini Peppers, Garlic Aioli, & Red Wine Vinaigrette on a Toasted Hoagie</i> CONTAINS: EGG, WHEAT, DAIRY	
Soup	Beef Chili Beer Cheese with Bacon	Cup \$2.95

Thursday, February 19, 2026

Breakfast Special	Assorted Breakfast Burritos 770-1010 cal	\$5.00
	<i>Cuisine Express Grab & Go</i>	
The Market	Greek Lemon Chicken	\$12.00
Vegetable	Balsamic Asparagus & Mushrooms	
Sides	Pasta Salad	
	<i>Lemon Herb Marinated Chicken Thighs, Greek Pasta Salad, Balsamic Asparagus & Mushrooms</i> CONTAINS: WHEAT, SOY	
Flavor & Fire	Cherry BBQ Pulled Pork Sandwich w/ Apple Cabbage Slaw	\$12.00
	<i>Braised Pork Shoulder, Cherry BBQ Sauce, & Apple-Cabbage Slaw on a Ceres Hoagie. Served with House Chips.</i> CONTAINS: DAIRY, EGG, SOY, WHEAT	
Soup	Turkey Wild Rice Beef Chili	Cup \$2.95

Friday, February 20, 2026

Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	<i>Cuisine Express Grab & Go</i>	
The Market	Fish & Chips	\$12.00
Vegetable	Coleslaw	
Sides	Sidewinders	
	<i>House Battered and Fried Fresh. Served w/ Tartar Sauce & Lemon</i> CONTAINS: FISH, EGG, WHEAT, GLUTEN, SOY	
Flavor & Fire	Lemongrass Pork Stir-Fry	\$12.00
	<i>Pork Tenderloin & Loads of Vegetables Stir-Fried w/ a Thai Lemongrass Sauce. Served over Jasmine Rice.</i>	
Soup	Clam Chowder Turkey Wild Rice	Cup \$2.95