



Monday, January 26, 2026

<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
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	<i>Cuisine Express Grab &amp; Go</i>	
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<b>The Market</b>	<b>Chicken Caesar Penne Pasta</b>	<b>\$12.00</b>
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<b>Vegetable Sides</b>	<b>0</b>	
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	<b>Garlic Parmesan Roll</b>	
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	Chicken Caesar Penne Pasta with Tomato, Kalamata Olive, Onion & Spinach. Topped with Feta and Parmesan. Served with Garlic Parmesan Roll. CONTAINS: WHEAT, EGG, DAIRY, FISH	
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<b>Flavor &amp; Fire</b>	<b>Shredded Pork Char Siu Hoagie</b>	<b>\$12.00</b>
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	Char Siu Pork, Crunchy Asian Slaw, & Fresh Sliced Cucumbers on a Toasted Hoagie Roll. Served with House Chips.	
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<b>Soup</b>	<b>Thai Curried Squash</b>	<b>Cup \$2.95</b>
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	<b>Sweet Corn, Jalapeno &amp; Bacon Chowder</b>	
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<b>Tuesday, January 27, 2026</b>		
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<b>Breakfast Special</b>	<b>Assorted Breakfast Burritos 770-1010 cal</b>	<b>\$5.00</b>
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	<i>Cuisine Express Grab &amp; Go</i>	
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<b>The Market</b>	<b>Bulgogi Beef Bowl</b>	<b>\$12.00</b>
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<b>Vegetable Sides</b>	<b>Kimchi</b>	
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	<b>Sushi Rice</b>	
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	Sushi Rice topped with Asian Marinated Flank Steak, Kimchi, Boiled Egg, Cucumber, Carrot, Green Onion, Cilantro, Spicy Mayo, & Sesame Seeds CONTAINS: WHEAT, EGG, FISH, SESAME, SOY	
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<b>Flavor &amp; Fire</b>	<b>Chicken Parmesan Sandwich</b>	<b>\$12.00</b>
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	Parmesan Crusted Chicken Breast Sandwich topped with Marinara & Melted Provolone.	
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<b>Soup</b>	<b>Split Pea &amp; Ham</b>	<b>Cup \$2.95</b>
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	<b>Thai Curried Squash</b>	
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<b>Wednesday, January 28, 2026</b>		
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<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
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	<i>Cuisine Express Grab &amp; Go</i>	
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<b>The Market</b>	<b>Swedish Meatballs</b>	<b>\$12.00</b>
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<b>Vegetable Sides</b>	<b>Garlic Green Bean</b>	
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	<b>Egg Noodle</b>	
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	Beef Meatballs & Mushrooms in a Rich Sour Cream Sauce. Served over Egg Noodles. CONTAINS: WHEAT, EGG, SOY, DAIRY, FISH	
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<b>Flavor &amp; Fire</b>	<b>Miso Pork Ramen Bowl</b>	<b>\$12.00</b>
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	Shaved Pork Tenderloin, Yakisoba Noodles, Assorted Vegetables, & Boiled Egg in a Rich Miso Broth.	
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<b>Soup</b>	<b>Turkey Noodle</b>	<b>Cup \$2.95</b>
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	<b>Split Pea &amp; Ham</b>	
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<b>Thursday, January 29, 2026</b>		
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<b>Breakfast Special</b>	<b>Assorted Breakfast Burritos 770-1010 cal</b>	<b>\$5.00</b>
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	<i>Cuisine Express Grab &amp; Go</i>	
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<b>The Market</b>	<b>Korean Fried Chicken</b>	<b>\$12.00</b>
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<b>Vegetable Sides</b>	<b>Spicy Cucumber Salad with Peanuts, Kim Chi</b>	
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	<b>Basmati Rice</b>	
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	Twice Fried Chicken Thigh Meat tossed in Korean BBQ Sauce. Topped with Green Onions & Sesame Seeds CONTAINS: WHEAT, SOY, SESAME, PEANUT	
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<b>Flavor &amp; Fire</b>	<b>Mediterranean Steak Hoagie</b>	<b>\$12.00</b>
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	Yogurt Marinated Beef, Garlic-Tarragon Aioli, Pickled Red Onions, Lettuce & Tomato on a Toasted Hoagie.	
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<b>Soup</b>	<b>Spicy Chicken &amp; Sausage Gumbo</b>	<b>Cup \$2.95</b>
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	<b>Turkey Noodle</b>	
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<b>Friday, January 30, 2026</b>		
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<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
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	<i>Cuisine Express Grab &amp; Go</i>	
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<b>The Market</b>	<b>Fish &amp; Chips</b>	<b>\$12.00</b>
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<b>Vegetable Sides</b>	<b>Coleslaw</b>	
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	<b>Sidewinders</b>	
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	House Battered and Fried Fresh. Served w/ Tartar Sauce & Lemon CONTAINS: FISH, EGG, WHEAT, DAIRY, SOY	
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<b>Flavor &amp; Fire</b>	<b>Chicken Pad Thai</b>	<b>\$12.00</b>
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	Chicken, Rice Noodle, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAINS: EGG, FISH, SOY	
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<b>Soup</b>	<b>Clam Chowder</b>	<b>Cup \$2.95</b>
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	<b>Spicy Chicken &amp; Sausage Gumbo</b>	