

MEDICAL FREEZE/RELEASE

This is an exercise approval form for your patient listed below. Membership will automatically cancel after 12 months of medical hold.

Information Below Completed by Fitness Center Member:

Last Name		First Name		Access Card #
Street Address	City	State	Zip	Phone
Freeze: Member Only _____ Entire Account _____				

Member Signature	Date
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Information Below Completed by Provider:

Please check the statement that accurately reflects your wishes.

- ☐ I **APPROVE** of this person participating in an independent exercise program.
Recommendations/Restrictions _____
- ☐ I **DO NOT APPROVE** of this person participating in an independent exercise program.
If this is checked, the individual will not be accepted for membership.
- ☐ Place membership on **MEDICAL HOLD**.

MEDICAL HOLD BEGIN DATE: ____/____/____ MEDICAL HOLD RELEASE DATE: ____/____/____

- ☐ **Release** membership from medical hold.
Release Restrictions (if any): _____

PROVIDER SIGNATURE	DATE
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Provider Name (print): _____

Clinic Name: _____ Phone: _____ Fax: _____

Please fax completed form to 406-751-6983 or call 751-4107 with questions.

ACCOUNT CHANGE REQUEST: Received by:

Date:
