

Support Groups

Abbie Shelter

- <https://www.abbieshelter.org/>
- Phone: [\(406\) 752-7273](tel:4067527273) | Flathead County
- Helpline, counseling and court services for all survivors of domestic and sexual violence.

Alzheimer's/Dementia Support Groups

Immanuel Living Dementia Caregiver Support Group

- <https://www.ilcorp.org/alzheimers-caregiver-support-group/>
- Phone: [\(406\) 858-0653](tel:4068580653) | Email: hbrown@ilcorp.org | The Terraces – 40 Claremont Street, Kalispell MT
- Support for family members who care for someone experiencing Alzheimer's /Dementia.

The Springs Dementia Caregiver Support Group

- Phone: [\(406\) 826-8253](tel:4068268253) | 1001 River Lakes Parkway, Whitefish MT
- Meets the third Thursday of the month from 6 to 7 p.m. Call to register in advance.
- Support for family members who care for someone experiencing dementia.

MS Support Group

- Phone: [\(406\) 858-0653](tel:4068580653) | Email: hbrown@ilcorp.org | Immanuel Living Terraces – 40 Claremont St, Kalispell MT
- Meets the second Saturday of each month at 2 p.m.

Cancer Support Montana

- <https://cancersupportmontana.org>
- Phone: [\(406\) 582-1600](tel:4065821600) | 102 S. 11th Ave., Bozeman MT
- Providing support, education and hope for youth and adults touched by cancer.

Parkinson's Support Groups

Flathead Valley Parkinson's Support Group

- <http://flatheadvalleyparkinsons.com>
- Email: flatheadvalleyparkinsons@gmail.com
- Supporting people with Parkinson's Disease.

Immanuel Living Parkinson's Caregiver Support Group

- Phone: [\(406\) 858-0653](tel:(406)858-0653) | email: hbrown@ilcorp.org | The Terraces – 40 Claremont Street, Kalispell MT
- Meets the fourth Wednesday of every month at 1:30 p.m.
- Support group for caregivers of individuals experiencing Parkinson's.

NAMI Flathead - Gateway Community Center

- <https://namimt.org/nami-montana-affiliates/#namiflathead>
- Phone: [\(406\) 854-2323](tel:(406)854-2323) | [\(406\) 250-3795](tel:(406)250-3795) | 1203 Hwy 2 West, Kalispell MT

Grief Support Group

- Phone: [\(406\) 752-9624](tel:(406)752-9624) ext. 1112 | Email: ajensen@ilcorp.org – Pastor Al Jensen | Immanuel Living Terraces – 40 Claremont Street, Kalispell MT
- Eight-week grief support sessions for healing after the loss of a loved one.

Tamarack Grief Resource Center

- <https://www.tamarackgrc.org>
- Phone: [\(406\) 261-0724](tel:(406)261-0724) | 17 2nd St E #202, Kalispell MT
- Bringing compassion and care to individuals and communities navigating grief and loss.

Good Grief Groups and Camps

- www.goodgriefcamp.org
- Phone: [\(406\) 755-6760](tel:(406)755-6760) | Email: goodgriefcamp@gmail.com | PO Box 7896, Kalispell MT
- Contact Jo Ann Graves-Gill, LCPC

TBI Support

- <https://www.brainandspinalcord.org/support-groups-brain-injury-montana>
- Phone: [\(406\) 756-4725](tel:4067564725) | Logan Health Medical Fitness Center – 205 Sunnyview Lane, Kalispell MT
- Contact Sue Crawford

Montana Tobacco Quit Line

- <http://www.quitnowmontana.com/>
- Phone: [1 \(800\) 784-8669](tel:18007848669)

My Life My Quit

- <http://www.mylifemyquit.com/>
- Phone: [1 \(855\) 891-9989](tel:18558919989) | Text 36072