

Mental and Behavioral Health Resources

Abbie Shelter

- <https://www.abbieshelter.org/>
- Phone: [\(406\) 752-7273](tel:4067527273) | Flathead County
- Helpline, counseling and court services for all survivors of domestic and sexual violence.

Cedar Creek Integrated Health

- <https://www.aclumontana.org/>
- Phone: (406) 890-2570 | 2282 US Hwy 93 S, Kalispell MT
- Outpatient mental health and addiction recovery services.

Child Development Services

Benchmark Human Services – Children aged 0 to 3 years

- Phone: [\(406\) 403-0087](tel:4064030087) | [\(406\) 204-3054](tel:4062043054) | 1728 9th Ave, Helena MT

Empowering Abilities, Building Community – Children aged 3 to 16

- Phone: [\(406\) 443-3083](tel:4064433083) | 1236 Helena Ave, Helena MT
- Both programs provide services that support children with developmental delays or disabilities.

Greater Valley Behavioral Health

- <https://greatervalleyhealth.org/behavioral-health>
- Phone: [\(406\) 751-8113](tel:4067518113) | 1035 1st Ave W, Kalispell MT
- Adult, teen and child mental health services.

Intermountain

- <https://www.intermountain.org/home/>
- Phone: [\(406\) 755-4022](tel:4067554022) | 322 2nd Ave W, Ste A, Kalispell MT

- Child and family mental health services.

Logan Health Behavioral Health

Kalispell

- <https://www.logan.org/location/logan-health-behavioral-health/>
- Phone: [\(406\) 756-3950](tel:4067563950) | 200 Heritage Way, Kalispell MT
- Adult and adolescent services.

Whitefish

- <https://www.logan.org/location/logan-health-behavioral-health-whitefish/>
- Phone: [\(406\) 862-1030](tel:4068621030) | 2004 Hospital Way, Whitefish MT
- Adult, teen and child services.

Many Rivers Whole Health

- <https://manyriverswholehealth.org/>
- Phone: [\(406\) 756-6453](tel:4067566453) | 418 Windward Way, Kalispell MT
- Outpatient mental health and addiction recovery services.

Logan Health Newman Center

Adult Services

- <https://www.logan.org/location/logan-health-newman-center-adult-services/>
- Phone: [\(406\) 758-3244](tel:4067583244) | 160 Heritage Way Suite 102, Kalispell MT
- Outpatient mental health and psychiatric services.

Pediatric Services

- <https://www.logan.org/location/logan-health-newman-center-pediatric-services/>
- Phone: [\(406\) 758-5155](tel:4067585155) | 75 Claremont St, Kalispell MT
- Outpatient mental health and psychiatric services.

Oxytocin

- <https://www.oxytocinclinic.com/>
- Phone: [\(406\) 314-6565](tel:4063146565) | 1203 US HWY 2 W Entrance D – East Side, Kalispell MT

- Adult and adolescent mental health and addiction recovery services.

PATH - Project for Assistance in Transition from Homelessness

- <https://dphhs.mt.gov/BHDD/Prevention/ProjectsforAssistanceinTransitionfromHomelessnessPATH>
- Address: 410 Windward Way, Kalispell MT
- Assistance with mental health stabilization services and housing for homeless or at-risk for homelessness individuals with serious mental illness.

VA Clinic

- <https://www.va.gov/montana-health-care/>
- Phone: [\(406\) 758-2700](tel:4067582700) | 31 Three Mile Dr, Kalispell MT
- Veteran outpatient health care services.

Vet Center

- <https://www.vetcenter.va.gov/>
- Phone: [\(406\) 257-7308](tel:4062577308) | 690 N Meridian Rd, Ste 101, Kalispell MT
- Outpatient mental health services and support for veterans and families.

Western Montana Mental Health Center

- <https://www.wmmhc.org/mental-health>
- Phone: [\(406\) 257-1336](tel:4062571336) | 410 Windward Way, Kalispell MT
- Outpatient mental health services and support for adults.

Youth Dynamics

- <https://www.youthdynamics.org/>
- Phone: [\(406\) 751-8017](tel:4067518017) | 450 Corporate Dr, Ste 105 & 106, Kalispell MT
- Mental and behavioral services for Montana children and families.

Logan Health – Let’s Talk About It

- <https://www.logan.org/services/behavioral-health/lets-talk-about-it/>
- Information and resources about suicide prevention and mental health.

Nate Chute Foundation

- <http://www.natechutefoundation.org/>
- Phone: [\(406\) 730-2521](tel:4067302521)
- Provides community education and support to promote mental health wellness and reduce suicide. Provides group trainings for schools, businesses and organizations. Provides Bluebird Boxes – care package for survivors of suicide loss.

NAMI Flathead

- <https://namimt.org/nami-montana-affiliates/#namiflathead>
- Phone: [\(406\) 854-2323](tel:4068542323) | (406) 250-3795 | Email: namiflathead@gmail.com | 1203 Hwy 2 West, Kalispell MT
- Mental health education and support groups.

Psychology Today

- <https://www.psychologytoday.com/us/therapists>
- Search for mental health therapists by location and specialty.