

# Support Groups

#### **Abbie Shelter**

- https://www.abbieshelter.org/
- Phone: (406) 752-7273 | Flathead County
- Helpline, counseling and court services for all survivors of domestic and sexual violence.

## **Alzheimer's/Dementia Support Groups**

Immanuel Living Dementia Caregiver Support Group

- https://www.ilcorp.org/alzheimers-caregiver-support-group/
- Phone: (406) 858-0653 | Email: hbrown@ilcorp.org | The Terraces 40 Claremont Street, Kalispell MT
- Support for family members who care for someone experiencing Alzheimer's /Dementia.

## The Springs Dementia Caregiver Support Group

- Phone: (406) 826-8253 | 1001 River Lakes Parkway, Whitefish MT
- Meets the third Thursday of the month from 6 to 7 p.m. Call to register in advance.
- Support for family members who care for someone experiencing dementia.

## **MS Support Group**

- Phone: (406) 858-0653 | Email: hbrown@ilcorp.org | Immanuel Living Terraces 40 Claremont St,
  Kalispell MT
- Meets the second Saturday of each month at 2 p.m.

## **Cancer Support Montana**

- https://cancersupportmontana.org
- Phone: (406) 582-1600 | 102 S. 11th Ave., Bozeman MT
- Providing support, education and hope for youth and adults touched by cancer.

#### **Parkinson's Support Groups**

## Flathead Valley Parkinson's Support Group

- <a href="http://flatheadvalleyparkinsons.com">http://flatheadvalleyparkinsons.com</a>
- Email: flatheadvalleyparkinsons@gmail.com
- Supporting people with Parkinson's Disease.

## Immanuel Living Parkinson's Caregiver Support Group

- Phone: (406) 858-0653 | email: hbrown@ilcorp.org | The Terraces 40 Claremont Street, Kalispell MT
- Meets the fourth Wednesday of every month at 1:30 p.m.
- Support group for caregivers of individuals experiencing Parkinson's.

## **NAMI Flathead - Gateway Community Center**

- https://namimt.org/nami-montana-affiliates/#namiflathead
- Phone: (406) 854-2323 | (406) 250-3795 | 1203 Hwy 2 West, Kalispell MT

## **Grief Support Group**

- Phone: (406) 752-9624 ext. 1112 | Email: ajensen@ilcorp.org Pastor Al Jensen | Immanuel Living
  Terraces 40 Claremont Street, Kalispell MT
- Eight-week grief support sessions for healing after the loss of a loved one.

### **Tamarack Grief Resource Center**

- https://www.tamarackgrc.org
- Phone: (406) 261-0724 | 17 2nd St E #202, Kalispell MT
- Bringing compassion and care to individuals and communities navigating grief and loss.

## **Good Grief Groups and Camps**

- www.goodgriefcamp.org
- Phone: (406) 755-6760 | Email: goodgriefcamp@gmail.com | PO Box 7896, Kalispell MT
- Contact Jo Ann Graves-Gill, LCPC

## **TBI Support**

- <a href="https://www.brainandspinalcord.org/support-groups-brain-injury-montana">https://www.brainandspinalcord.org/support-groups-brain-injury-montana</a>
- Phone: (406) 756-4725 | Logan Health Medical Fitness Center 205 Sunnyview Lane, Kalispell MT
- Contact Sue Crawford