## How to Find Out Your Measles Vaccination Status

If you're unsure whether you're protected, here's what to do:

## **Step 1: Check for Records**

<b>~</b> —	
<b>~</b> —	
<b>~</b>	

Look in these places for your immunization records:

- 1. Log in to myHealth app or web portal
- 2. Find Immunizations icon
- 3. Look for 2 records of "Measles, Mumps, and Rubella Virus Vaccine" around 5 years apart

You may also request vaccine records from Flathead County Health Department. Scan the QR code for more info.



Log on to your Logan Health Patient Portal or contact your local hospital's medical records department:

Logan Health Medical Center (406) 752-1740

Logan Health – Whitefish (406) 863-3547

Logan Health – Chester (406) 759-5181

Logan Health – Conrad (406) 271-3211

Logan Health – Cut Bank (406) 873-3675

Logan Health – Shelby (406) 434-3208



## **Step 2: Talk to Your Provider**

- Schedule a vaccine if you're unvaccinated or unsure
- Discuss the need for a titer blood test to check for immunity (regular lab charges will apply)



HEALTH

## **Know the Risk Window**

- Symptoms usually appear 11-12 days after exposure (range: 7-21 days)
- A rash shows up 2-4 days after other symptoms and lasts 5-6 days
- You are contagious 4 days before and after the rash starts

If you suspect you or your child has measles, or if you have questions, please call the Logan Health Nurse Call Center at (406) 890-727