



SANE PROGRAM TRANSFORMS SEXUAL ASSAULT VICTIMS' ACCESS TO RURAL SUPPORT

According to the Rape, Abuse & Incest National Network, the largest anti-sexual violence organization in the nation, a sexual assault in the United States happens every 68 seconds. Those who have experienced sexual assault in a rural area may have to travel for hours due to limited access to trauma-informed care and forensic support to find care.

Logan Health facilities in Cut Bank and Shelby provide compassionate care through Sexual Assault Nurse Examiners (SANE) who are specially trained to examine and treat victims of sexual assault. At Logan Health – Shelby,

two nurses take on-call shifts, ensuring 24-hour care, seven days a week with a one-hour response time.

A Cortexflo camera, generously donated from the Toole County Health Foundation, delivers critical evidence for sexual assault patients in Shelby and surrounding areas. "With the Cortexflo Camera System and SANE trained nurses, we are able to provide trauma-informed care and forensic evidence collection for patients who have experienced sexual assault or sexual violence," said Courtney Hovland, Logan Health – Shelby Director of Nursing.

National Sexual Assault hotline: 1-800-656-4673

THANK YOU GLADYS YOUNG, MD

Recently Logan Health – Chester hosted an open house to celebrate Dr. Gladys Young's retirement and her many years of service to our community. Thank you to all who attended, and special thanks to Gail and Rudy Cicon for the beautiful music. Dr. Young has provided care in the Chester facility for more than 25 years. She has held many roles throughout her career, including serving in the Air Force and various service roles across the state of Montana. She also held positions of Chief Medical Officer and Medical Director of the Logan Health – Chester long-term care unit. Over the years, she has worked closely with Nancy Kleinsasser, RN, who stated, "It has been an honor and joy to work with Dr. Young; she is the most caring and colorful individual."

Dr. Young has left a big impression in Chester and we appreciate all she has done for our community. She will be missed by all.





CYCLEMT RETURNS TO THE HI-LINE

We are excited to announce that Logan Health's third annual CycleMT is returning to the Hi-Line on March 8, 2025, at the Joe Meagher Memorial Civic Center in Cut Bank. CycleMT is a stationary bike relay that supports children and young adults (under age 21) with medical hardships that are not covered by other means of funding. The event serves children across the state of Montana – Logan Health patients and non-patients alike. Funds from this event have supported families as they have purchased

items such as modified trikes, a swing, a bathroom remodel, an AED and more. In 2024, Logan Health raised more than \$111,000 for families, and the goal for 2025 is to reach \$100,000 again. **Help achieve this goal by donating or registering to participate in the event at logan.org/cyclemt.** You can choose to ride competitively, just for fun or even virtually, with all fundraising benefiting kids in Montana.

— News Briefs —

Chester achieves state trauma designation

Logan Health – Chester successfully completed its state trauma designation survey on November 21. The team has worked hard over the last year and is excited to continue improving trauma capabilities as a state-designated trauma-receiving facility.

Cut Bank earns state award for improvement in patient care

Logan Health – Cut Bank was awarded the Montana Rural Healthcare Performance Improvement Network's Quality Improvement Award for their work in improving inpatient nutrition meals as they implemented their own new nutrition structure. This added new food storage and cooking equipment to the hospital, higher patient/nurse/CNA engagement, and quarterly menu reviews.

Hospitals recognized for performance leadership by the Chartis Center for Rural Health

Logan Health – Conrad and Logan Health – Cut Bank were two of four Logan Health hospitals recognized with a 2024 Performance Leadership Award for Excellence in Quality. These awards highlight rural hospitals for performing in the top quartile (75th percentile or above) in Quality, Outcomes, and/or Patient Perspective.

New gait trainer offers extra support to rehabilitation patients

The rehabilitation department at Logan Health – Shelby received a gait trainer which was purchased with grant money from the AHA Stroke Recognition Award. A gait trainer is a supportive walking aid for patients who need help walking and who need to strengthen their leg muscles.

— Upcoming Events —

FEBRUARY National Heart Month

FEBRUARY 16-22 Through with Chew Week

MARCH 8 CycleMT stationary bike relay fundraiser at Joe Meagher Memorial Civic Center in Cut Bank
logan.org/CycleMT

MARCH 31 Winslow Nichols Leadership Award quarter four nomination deadline

APRIL 1 Take Down Tobacco Day

BRIDGING THE GAP: EXPANDING RURAL ACCESS TO LIFE-SAVING INFUSION THERAPY

Did you know Logan Health's Hi-Line facilities are each equipped with designated infusion therapy rooms to serve both adult and pediatric patients? Each facility offers welcoming rooms with reclining chairs and beds, personal televisions, warm blankets, snacks, beverages and more. A team of experienced, highly qualified staff, including registered nurses, CNAs and pharmacists, are present to deliver personalized care to meet the patient's individual needs.

Prescribed by a clinician, infusion therapy treatments are available at any Logan Health facility for a variety of conditions, such as multiple sclerosis, rheumatoid arthritis, Crohn's disease, migraines, anemia and ulcerative colitis. Infusion therapy can also deliver nutrients, hydration, antibiotics and other medications that can't be taken orally or that need to be dispensed at a controlled pace, often intravenously.

"While we typically schedule outpatient infusions during business hours (Monday through Friday, 8 a.m. to 5 p.m.), we accommodate the patient and what works best for them," said Courtney Hovland, Logan Health – Shelby Director of Nursing. "Patients can always call us with questions regarding infusions and our capabilities. We want to do whatever we can to help patients stay close to home."



Due to the growing need for outpatient infusion therapy, Logan Health facilities on the Hi-Line are also focusing on creating newly remodeled and comfortably designed infusion rooms. Logan Health – Cut Bank most recently constructed a new space to care for infusion patients with generous help from local community groups. The Cut Bank Elks Club, Rockies Healthcare Foundation and the Wishing Well Project collectively donated a total of \$6,864 towards two new reclining chairs.

"With the new infusion room, we now have a dedicated area to provide a quiet, comfortable and private environment for our patients to relax while receiving their infusions," said Crystal Losing, Logan Health – Cut Bank Chief Nursing Officer.

Whether a treatment lasts 20 minutes, several hours or days, patients can expect high-quality care, while experiencing personalized care close to home. That is a commitment each local Logan Health facility delivers.

Contact the closest Logan Health hospital for questions about infusion therapy services or talk to your primary care clinician for a referral.

*** ECRWSS EDDM

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— In The Community —



Logan Health Hi-Line facilities donate more than 2,500 items to local food pantries in each community from their annual Brawl of the Wild Food Drive.



Logan Health EMS bring Whoville to the Cut Bank Parade of Lights with their Grinch themed float!



Logan Health Assisted Living – Shelby host annual fundraiser to raise money for activities and a new walking path.



Logan Health – Cut Bank board and staff contribute \$60,000 for the Cut Bank school nurse program.



Santa makes a special stop at Logan Health – Conrad during their inaugural Meet Santa event.



Logan Health – Shelby staff share their “Hard Candy Christmas” light parade float with assisted living and care center residents.