

## Family Life Resources

## **Flathead Moms for Moms**

- https://www.facebook.com/FlatheadMomsforMoms/
- An online community for local mothers to connect, share information, find and offer support, and inspire one another.

## **Montana Kinship Navigator Program**

- https://www.montana.edu/extension/mtknp/
- Serves Kinship and Relative Caregivers for the entire state of Montana. We are a central support,
  resource, and referral navigator program supporting Montana's rural areas, all of Montana's 8 Native
  American Tribes, and Montana's urban cities. The program was founded in 2002 to offer these caregivers
  support, education and access to resources so they can live happier, healthier lives and can, in turn, raise
  children who know emotional and physical safety, excel in school and social situations and are prepared
  to take on the challenges of their new life.

## **Sibling Support Project**

- https://siblingsupport.org/
- Founded in 1990, the Sibling Support Project is the first national program dedicated to the life-long and ever-changing concerns of millions of brothers and sisters of people with special health, developmental, and mental health concerns.