

Crisis Resources

Disaster Services

American Red Cross

- [Our Work | Montana Region | American Red Cross](#)
- Phone: [1-800-733-2767](tel:1-800-733-2767) | 126 Meridian Rd, Kalispell MT
- Red Cross addresses basic needs such as food, shelter and mental/health services. They help those affected by disasters contact partner organizations for additional services.

Domestic & Sexual Violence

National Domestic Violence Hotline

- <https://www.thehotline.org/>
- Phone: [1-800-799-7233](tel:1-800-799-7233)
- For anyone affected by abuse and needing support.

National Sexual Assault Hotline

- <https://www.rainn.org/get-help>
- Phone: [1-800-656-4673](tel:1-800-656-4673)
- The nation's largest anti-sexual violence organization.

Violence Free Crisis Line

- www.abbieshelter.org
- Phone: [\(406\) 752-7273](tel:(406)752-7273) | Kalispell
- Peer counseling, crisis intervention and advocacy for victims of battering, incest, domestic violence, sexual assault and rape.

Human Trafficking Task Force

- Phone: [\(406\) 758-5600](tel:(406)758-5600) | [1-833-406-7867](tel:1-833-406-7867) | Flathead County
- Call to report if you are a victim or suspect someone else is a victim, trafficker or buyer.

Blue Campaign

- www.dhs.gov/blue-campaign
- Phone: [1-888-373-7888](tel:1-888-373-7888) | Text 'HELP' to 233733 (BeFree)
- A unified voice for US Homeland Security's effort to combat human trafficking.

Stronghearts Native Helpline

- www.strongheartshelpline.org/
- Phone: [1-844-764-8483](tel:1-844-764-8483)
- Culturally appropriate, anonymous, confidential, free service to American Indians affected by domestic and/or sexual violence.

Safe Harbor

- <https://safeharbormt.org/>
- Phone: [\(406\) 676-0800](tel:(406)676-0800) | [\(406\) 676-0992](tel:(406)676-0992)
- Serving Lake County and the Flathead Reservation to provide emergency shelter, crisis intervention and emergency advocacy.

Mental & Behavioral Health

Western Montana Mental Health Center

- <https://www.wmmhc.org/>
- Crisis Line: (406) 752-6262 | (406) 257-1336 | 410 Windward Way, Kalispell MT
- 24-hour mental health crisis intervention.

Substance Abuse & Mental Health Helpline (SAMHSA)

- <https://www.samhsa.gov/find-help/national-helpline>
- Phone: 1-800-662-4357
- Confidential, 24/7, 365 day-a-year treatment, referral and information service for individuals and families facing mental and/or substance use disorders.

Braveheart Chaplain Ministry

- <https://braveheartministry.com/mission/>
- Phone: (406) 871-0183
- Crisis counseling for first responders and citizens.

Tamarack Grief Resource Center

- <https://www.tamarackgrc.org/>
- Crisis Line: [\(406\) 888-0020](tel:(406)888-0020) | Office: [\(406\) 261-0724](tel:(406)261-0724) | 17 2nd St E #202, Kalispell MT
- Comprehensive grief help through counseling, grief camps and retreats, school-based programs, support groups, community workshops and professional education.

Alcoholics Anonymous

- www.aa.org
- Phone: [1-833-800-8553](tel:1-833-800-8553)
- A solution for a problem with alcohol

Gambler Helpline

- www.mtproblemgambling.org
- Phone: [1-888-900-9979](tel:1-888-900-9979) | [1-800-522-4700](tel:1-800-522-4700)
- Confidential help for a gambling addiction is available 24/7.

Opiate Addiction and Treatment Resource

- www.opiateaddictionresource.com
- Phone: [1-800-758-6890](tel:1-800-758-6890)
- Up-to-date information about opioids, addiction and treatment options.

Montana Recovery Warm Line

- <https://www.mhaofmt.org/resources>
- Phone: [1-877-688-3377](tel:1-877-688-3377)
- Not a crisis line. Provides a friendly person for those dealing with mental illness who just need someone to talk to.

Abbie Shelter

- www.abbieshelter.org
- Phone: [\(406\) 752-7273](tel:(406)752-7273)
- Helpline, counseling and court services for all survivors of domestic and sexual violence.

Miscellaneous

Victim Witness Advocates

- <https://www.abbieshelter.org/>

- Phone: [\(406\) 752-7273](tel:(406)752-7273)
- Certified advocates help with Orders of Protection and support services during investigation and prosecution of sexual/domestic violence.

Victim Services

- <https://www.dojmt.gov/victim-services/>
- Phone: [\(406\) 444-3653](tel:(406)444-3653) | [1-800-498-6455](tel:1-800-498-6455)
- Central reference point for victims of crime and offers information and referrals.

Flathead County Victim Advocate

- <http://flatheadcountysheriff.com/crime-victim-advocate/>
- Phone: [\(406\) 758-2108](tel:(406)758-2108) | 920 Main St, Suite 100, Kalispell MT
- Help for victims of partner or family member assault. The County Attorney's Office may file criminal charges against your abuser.

Rocky Mountain Poison and Drug Safety

- <https://www.rmpds.org/>
- Phone: [1-800-222-1222](tel:1-800-222-1222)
- Poison information and emergency help.

Seniors

Elder Abuse Hotline

- <https://dphhs.mt.gov/SLTC/aps/index>
- Phone: [1-844-277-9300](tel:1-844-277-9300) | Immediate harm, call 911
- Call if you suspect a senior is being abused, neglected or exploited.

Alzheimer's 24/7 Helpline

- <https://www.alz.org/montana#:~:text=Call%20our%2024%2F7%20Helpline,3900.>
- Phone: [1-800-272-3900](tel:1-800-272-3900)
- Confidential support and information for people living with dementia, caregivers, families and the public.

Suicide Prevention

Suicide Prevention Lifeline

- <https://988lifeline.org/>
- Phone: Dial [988](tel:988)
- Free and confidential support 24/7 for people in distress, prevention and crisis resources for you or your loved ones.

Crisis Text Line

- <https://www.crisistextline.org/text-us/>
- Phone: Text 'MT' to 741-741
- Serves anyone in any type of crisis, providing access to free 24/7 support via a medium people already use and trust.

United Way Help Net

- <https://www.unitedwaycares.org/help-net>
- Phone: Call [211](tel:211) | [\(406\) 752-8181](tel:(406)752-8181) | [1-800-332-8425](tel:1-800-332-8425)
- Information and referral links people to services, counselors and support groups.

Veteran Crisis Lifeline

- www.veteranscrisisline.net
- Phone: Dial [988](tel:988) then press 1 | text message to 838255
- Veterans in emotional distress talk with a crisis counselor 24/7.

The Trevor Project

- www.thetrevorproject.org/
- Phone: [1-866-488-7386](tel:1-866-488-7386) | text 678-678
- Crisis intervention and suicide prevention for LGBTQ people.

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Homeless Vets in Need of Help

- www.va.gov/homeless/nationalcallcenter.asp
- Phone: [1-877-424-3838](tel:1-877-424-3838)
- Homeless veterans or at risk for homelessness can get free 24/7 access to trained VA counselors.

Samaritan House – Veteran’s Program

- <https://samaritanhousemt.com/>
- <https://www.facebook.com/homelessinthehead>
- Phone: [\(406\) 257-5801](tel:406-257-5801) | 124 9th Ave W, Kalispell MT
- Emergency shelter, meals and services to veterans.

Youth

Child Abuse & Neglect Hotline

- <https://dphhs.mt.gov/cfsd/index>
- Phone: [1-866-820-5437](tel:1-866-820-5437)
- Report suspected abuse and/or neglect of a child

Missing & Exploited Children

- <https://www.missingkids.org/gethelpnow/cybertipline>
- Phone: [1-800-843-5678](tel:1-800-843-5678)
- Help to find missing children, reduce exploitation and prevent victimization.

Runaway Safeline

- <https://www.1800runaway.org/>
- Phone: [1-800-786-2929](tel:1-800-786-2929)
- Offers a crisis hotline and online services 24/7 to youth at risk of running away, those who have run away or are homeless. They are able to offer a free bus ticket home.

Teen Dating Violence Hotline

- <https://www.loveisrespect.org/>
- Phone: [1-866-331-9474](tel:1-866-331-9474) | text ‘Love is’ to 22522
- Provides 24 hour information, support and referrals for teens. Accepts phone calls, texts and online chat.