	Monday	Tuesday	Wednesday	Thursday	Friday
Mar 3-7			-		
breakfast	Scrambled Eggs	Cereal	Bagel/ Cream Cheese	Oatmeal	Pancakes
	Toast	Banana	Berries	Craisins	Apple Slices
	Milk	Milk	Milk	Milk	Milk
lunch	Beef Chili / Cheese	Turkey Gravy Mashed Potato	Beef Tacos with Cheese	BBQ Chicken Sliders	Beef lasagna
	Tomatoes / Beans	Green Beans	Tomato Lettuce Corn	Potato Salad	Salad/tomatos/ranch
	Corn Bread	Grapes	Pears	Corn	Bananas
	Apples	Roll		Melon	Garlic toast
pm snack	Milk	Milk	Milk	Milk	Milk
	Graham Crackers	Peaches	String Cheese	Cucumbers /Carrots/Peppers	Trail Mix
	Milk	Pretzels	Crackers	Greek Yogurt Dip	Milk
			1	Cottage Cheese (1s)	
				Pears (1s)	
	Monday	Tuesday	Wednesday	Thursday	Friday
Mar 10-14	litionally	Tuesday	weakesday	marsaay	i nad y
breakfast	Scrambled Eggs	Cereal	Bagel/ Cream Cheese	Oatmeal	Pancakes
Dreaklast	Toast	Banana	Berries	Craisins	Apple slices
	Milk	Milk	Milk	Milk	Milk
	T I C				
lunch	Tomato Soup	Bean & Cheese Burrito	White Bean Chicken Chili	Spaghetti Meat Sauce	Chicken Quesadilla
	Grilled cheese	Salsa & Sour Cream	Raw Pepper Strips /Ranch	Salad /Ranch	Salsa/ Sour Cream
	Apples	Street Corn (not spicy)	Apples	Banana	Corn/Bean Salad /Rice
		Grapes	Corn Bread	Garlic Bread	Pears
	Milk	Milk	Milk	Milk	Milk
pm snack	Cheese	Peaches	Vanilla Greek Yogurt	Animal Crackers	Trail Mix
	Saltines/Oyster Crackers	Pretzels	Bananas	Milk	Milk
	Monday	Tuesday	Wednesday	Thursday	Friday
Mar 17-21	Monday	Tuesday	Wednesday	Thursday	Friday
Mar 17-21 breakfast		-			
	Monday Scrambled Eggs Toast	Tuesday Cereal Banana	Wednesday Bagel/ Cream Cheese Berries	Thursday Oatmeal Craisins	Pancakes
	Scrambled Eggs Toast	Cereal Banana	Bagel/ Cream Cheese Berries	Oatmeal Craisins	Pancakes Apple Slices
	Scrambled Eggs	Cereal	Bagel/ Cream Cheese	Oatmeal	Pancakes
breakfast	Scrambled Eggs Toast Milk	Cereal Banana Milk	Bagel/ Cream Cheese Berries Milk	Oatmeal Craisins Milk	Pancakes Apple Slices Milk
	Scrambled Eggs Toast Milk Chicken Noodle Soup	Cereal Banana Milk Cheeseburger	Bagel/ Cream Cheese Berries Milk Sloppy Joe	Oatmeal Craisins Milk Mac & Cheese/Ham	Pancakes Apple Slices Milk Turkey Swedish Meatballs
breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots	Cereal Banana Milk Cheeseburger Roasted Potatoes	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans
breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears	Oatmeal Craisins Milk Mac & Cheese/Ham	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls
breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas
breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls
breakfast lunch	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk
breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix
breakfast lunch	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk
breakfast lunch	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s)	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix
breakfast lunch	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s)	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk
breakfast lunch pm snack	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s)	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix
breakfast lunch pm snack Mar 24-28	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday
breakfast lunch pm snack	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Monday Scrambled Eggs	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes
breakfast lunch pm snack Mar 24-28	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Monday Scrambled Eggs Toast	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal Banana	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal Craisins	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices
breakfast lunch pm snack Mar 24-28	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Monday Scrambled Eggs	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes
breakfast lunch pm snack Mar 24-28	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Monday Scrambled Eggs Toast	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal Banana Milk	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal Craisins	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices
breakfast lunch pm snack Mar 24-28	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Monday Scrambled Eggs Toast	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal Banana	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries Milk	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal Craisins	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices Milk Meatloaf w/gravy
breakfast lunch pm snack Mar 24-28 breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Monday Scrambled Eggs Toast Milk	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal Banana Milk	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries Milk	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal Craisins Milk	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices Milk
breakfast lunch pm snack Mar 24-28 breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Scrambled Eggs Toast Milk Grilled Ham & Cheese	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal Banana Milk Pork Roast w/gravy	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries Milk	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal Craisins Milk Chicken Alfredo	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices Milk Meatloaf w/gravy
breakfast lunch pm snack Mar 24-28 breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Monday Scrambled Eggs Toast Milk Grilled Ham & Cheese Tomato Soup	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal Banana Milk Pork Roast w/gravy Sweet Potato Wedges Corn	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries Milk Pizza Cheese, Pepperoni	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal Craisins Milk Chicken Alfredo Carrots Bananas	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices Milk Meatloaf w/gravy Mashed sweet potatoes
breakfast lunch pm snack Mar 24-28 breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Scrambled Eggs Toast Milk Grilled Ham & Cheese Tomato Soup Apples	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Cereal Banana Milk Cereal Banana Milk	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries Milk Pizza Cheese, Pepperoni Peas & Carrots Pears	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal Craisins Milk Chicken Alfredo Carrots Bananas Garlic Toast	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices Milk Meatloaf w/gravy Mashed sweet potatoes Melon
breakfast lunch pm snack Mar 24-28 breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Monday Scrambled Eggs Toast Milk Grilled Ham & Cheese Tomato Soup	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal Banana Milk Pork Roast w/gravy Sweet Potato Wedges Corn	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries Milk Pizza Cheese, Pepperoni Peas & Carrots	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal Craisins Milk Chicken Alfredo Carrots Bananas	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices Milk Meatloaf w/gravy Mashed sweet potatoes
breakfast lunch pm snack Mar 24-28 breakfast lunch	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Scrambled Eggs Toast Milk Grilled Ham & Cheese Tomato Soup Apples Milk	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Tuesday Cereal Banana Milk Pork Roast w/gravy Sweet Potato Wedges Corn Grapes Milk	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries Milk Pizza Cheese, Pepperoni Pears Milk	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Pars (1s) Thursday Oatmeal Craisins Milk Chicken Alfredo Carrots Bananas Garlic Toast Milk	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices Milk Meatloaf w/gravy Mashed sweet potatoes Melon Milk
breakfast lunch pm snack Mar 24-28 breakfast	Scrambled Eggs Toast Milk Chicken Noodle Soup Peas and Carrots Grapes Roll Milk Graham Crackers Milk Scrambled Eggs Toast Milk Grilled Ham & Cheese Tomato Soup Apples	Cereal Banana Milk Cheeseburger Roasted Potatoes Apples Bun Milk Peaches Pretzels Cereal Banana Milk Cereal Banana Milk	Bagel/ Cream Cheese Berries Milk Sloppy Joe Potato Salad Pears Bun Milk String Cheese Crackers Wednesday Bagel/ Cream Cheese Berries Milk Pizza Cheese, Pepperoni Peas & Carrots Pears	Oatmeal Craisins Milk Mac & Cheese/Ham Broccoli Melon Milk Cucumbers /Carrots/Peppers Greek Yogurt Dip Cottage Cheese (1s) Pears (1s) Thursday Oatmeal Craisins Milk Chicken Alfredo Carrots Bananas Garlic Toast	Pancakes Apple Slices Milk Turkey Swedish Meatballs Green Beans Noodles /Rolls Bananas Milk Trail Mix Milk Friday Pancakes Apple Slices Milk Meatloaf w/gravy Mashed sweet potatoes Melon