

**Concerned about fatigue, less strength, loss of control?
Want your treatment to work better?**

Watch this 20 minute video and learn what you can do.

www.youtube.com/watch?v=vtA1R87Ikv8



Discover how movement can help at all points of your cancer journey.

In infusion? Ask for an iPad to watch videos.

Ask your health care team how you can connect with the
Logan Health Cancer Wellness Program.