

Breakfast Special The Market	Monday, April 29, 2024	
	Associated Descriptions Completely 220 (50 and	45.00
The Market	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
lhe Market	Cuisine Express Grab & Go	
	Apple Fig Rosemary Chicken Thighs	\$8.00
Vegetable Sides	Sweet Potatoes with Tuscan Kale and Shallots Wild and Brown Rice Pilaf	
	Marinated Chicken Thighs with Onions, Apples, & Figs in a White Wine Dijon Pan CONTAINS:	Sauce.
Flavor & Fire	Jalapeno Popper Burger	\$8.00
	Grass Fed Beef Patty, Jalapeno Cream Cheese, Bacon & an Onion Ring on a Too Bun. CONTAINS: EGG, WHEAT, DAIRY, SOY	asted
Field of Greens	Sweet Chili Salmon Salad	\$8.00
	Mixed Greens topped with Sweet Chile Glazed Salmon, Carrots, Green Onions,	40.00
	Cabbage, Bell Peppers, Water Chestnuts, Mandarins, Tamari Cashews & Ponzu Dressing. CONTAINS: FISH, SOY, WHEAT,	
Soup	Vegetable Beef Co	up \$2.9
	Clam Chowder Tuesday, April 30, 2024	
Breakfast Special	Assorted Breakfast Burritos 770-1010 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Beef & Black Bean Tamale Pie	\$8.00
Vegetable	Salsa, Sour Cream, Guacamole	
Sides	Spanish Rice Green Chile Ground Beef & Black Beans with Melted Cheese & Combread Topp	ina
	CONTAINS: EGG, WHEAT, DAIRY	irig.
Flavor & Fire	Italian Grinder	\$8.00
	Ham, Salami, Capicola, Provolone, Lettuce, Tomato, Onion, Pepperoncini Pepp Garlic Aioli, & Red Wine Vinaigrette on a Toasted Hoagie CONTAINS: EGG, WHEA DAIRY	
Field of Greens	Sweet Chili Salmon Salad	\$8.00
Soup	Mixed Greens topped with Sweet Chile Glazed Salmon, Carrots, Green Onions,	,
	Cabbage, Bell Peppers, Water Chestnuts, Mandarins, Tamari Cashews & Ponzu Dressing. CONTAINS: FISH, SOY, WHEAT,	
	Thai Butternut Squash Co	up \$2.9
	Vegetable Beef Wednesday, May 1, 2024	
Breakfast Special	Assorted Breakfast Sandwiches 330-650 cal	\$5.00
	Cuisine Express Grab & Go	
The Market	Chicken Shawarma Grain Bowl	\$8.00
Vegetable	Mixed Grains, Marinated Kale, Shawarma Chicken, Onion, Tomato, Olive, Cucu	mber.
	Feta Cheese, & Tzatziki Sauce CONTAINS: WHEAT, DAIRY	
Flavor & Fire	Mediterranean Steak Hoagie	\$8.00
	Yogurt Marinated Beef, Lettuce Tomato, Onion, Pickled Red Onions & Terragon	Aioli
Field of Greens	on a HoagieRoll Contains: Wheat, Eggs, Dairy Italian Chicken Salad	¢0.00
rield of Greens		\$8.00
	Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Olive: Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY	
		S,
Soup	• • •	s, up \$2.95
Soup	Zuppa Tuscana Co Thai Butternut Squash Thursday, May 2, 2024	
	Thai Butternut Squash	
	Thai Butternut Squash Thursday, May 2, 2024	up \$2.95
	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal	up \$2.9
Breakfast Special	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go	up \$2.9
Breakfast Special	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chili Braised Beef Char Grilled Vegetable Polenta	\$5.00 \$8.00
Breakfast Special The Market Vegetable	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chili Braised Beef Char Grilled Vegetable	\$5.00 \$8.00
Breakfast Special The Market Vegetable Sides	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chilli Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over	\$5.00 \$8.00
Breakfast Special The Market Vegetable	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Buritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chili Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN	\$5.00 \$8.00 \$8.00
Breakfast Special The Market Vegetable Sides Flavor & Fire	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Buritios 770-1010 cal Cuisine Express Grab & Go Espresso & Chili Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY	\$5.00 \$8.00 \$8.00 \$8.00
Breakfast Special The Market Vegetable Sides	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chilli Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Olives	\$5.00 \$8.00 \$8.00 \$8.00 \$8.00
Breakfast Special The Market Vegetable Sides Flavor & Fire Field of Greens	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chilli Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY	\$5.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00
Breakfast Special The Market Vegetable Sides Flavor & Fire	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chilli Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY Taco Soup Zuppa Tuscana	\$5.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00
Breakfast Special The Market Vegetable Sides Flavor & Fire Field of Greens	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chilli Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY Taco Soup Zuppa Tuscana Friday, May 3, 2024	\$5.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00
Breakfast Special The Market Vegetable Sides Flavor & Fire Field of Greens	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chilli Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY Taco Soup Zuppa Tuscana	\$5.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00
Breakfast Special The Market Vegetable Sides Flavor & Fire Field of Greens Soup	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Buritios 770-1010 cal Cuisine Express Grab & Go Espresso & Chili Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY Taco Soup Taco Soup Triday, May 3, 2024 Assorted Breakfast Sandwiches 330-650 cal	\$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$5.00
Breakfast Special The Market Vegetable Sides Flavor & Fire Field of Greens Soup Breakfast Special The Market Vegetable	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chilli Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY Taco Soup Tuppa Tuscana Friday, May 3, 2024 Assorted Breakfast Sandwiches 330-650 cal Cuisine Express Grab & Go Beer Battered Fish & Chips Coleslaw	\$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$5.00
Breakfast Special The Market Vegetable Sides Flavor & Fire Field of Greens Soup Breakfast Special	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chilli Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY Taco Soup Taco Soup Tuppa Tuscana Friday, May 3, 2024 Assorted Breakfast Sandwiches 330-650 cal Cuisine Express Grab & Go Beer Battered Fish & Chips Colesiaw JoJos House battered and fried fresh. Served w/ tarter sauce & lemon CONTAINS: FISH-	\$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$5.00 \$8.00
Breakfast Special The Market Vegetable Sides Flavor & Fire Field of Greens Soup Breakfast Special The Market Vegetable Sides	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chilli Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY Taco Soup Tuppa Tuscana Friday, May 3, 2024 Assorted Breakfast Sandwiches 330-650 cal Cuisine Express Grab & Go Beer Battered Fish & Chips Coleslaw JoJos	\$8.00 \$8.00 \$8.00 \$8.00 \$5.00 \$8.00 \$5.00
Breakfast Special The Market Vegetable Sides Flavor & Fire Field of Greens Soup Breakfast Special The Market Vegetable	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chili Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY Taco Soup Tuppa Tuscana Friday, May 3, 2024 Assorted Breakfast Sandwiches 330-650 cal Cuisine Express Grab & Go Beer Battered Fish & Chips Colesiaw JoJos House battered and fried fresh. Served w/ tarter sauce & Iemon CONTAINS: FISH WHEAT, GLUTEN, SOY, DAIRY	\$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00
Breakfast Special The Market Vegetable Sides Flavor & Fire Field of Greens Soup Breakfast Special The Market Vegetable Sides Flavor & Fire	Thai Butternut Squash Thursday, May 2, 2024 Assorted Breakfast Burritos 770-1010 cal Cuisine Express Grab & Go Espresso & Chili Braised Beef Char Grilled Vegetable Polenta Slow Braised Beef in Espresso, Ancho Chile, & Chocolate BBQ Sauce. Served over Cheesey Polenta CONTAINS: FISH, DAIRY, Chicken Pad Thai Rice Noodles, Chicken, Egg, & Vegetables Stir-Fried in Pad Thai Sauce CONTAIN FISH, SOY Italian Chicken Salad Sliced Chicken Breast, Bacon, Roasted Red Peppers, Pepperoncinis, Black Oliver Parmesan Cheese, & Italian Vinaigrette CONTAINS: DAIRY Taco Soup Taco Soup Taco Soup Taco Soup Taco Soup Toco Soup	\$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00 \$8.00
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