

Name _____

Date _____

Insulin: Carb Ratio
1 to _____G

BG Correction
(BG-_____) / _____

Sliding Scale
BG or CARB/BG

BREAKFAST

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

SNACK

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

LUNCH

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

SNACK

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

DINNER

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

SNACK

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

TIME _____ LANTUS/LEVEMIR _____ units

AM BG _____

Name _____

Date _____

Insulin: Carb Ratio
1 to _____G

BG Correction
(BG-_____) / _____

Sliding Scale
BG or CARB/BG

BREAKFAST

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

SNACK

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

LUNCH

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

SNACK

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

DINNER

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

SNACK

TIME	GLUCOSE	FOOD	CARBS	INSULIN CARBS	INSULIN BG
TOTAL CARBS=				TOTAL INSULIN=	

TIME _____ LANTUS/LEVEMIR _____ units

AM BG _____