

## Updated Rules and Regulations for COLD/FLU/ILLNESS policy.

The following illness policy will be strictly enforced, for the health, well-being and safety of all staff and children concerned.

Every effort is taken by Tyke Town staff to reduce the spread of illness by encouraging hand washing and other daily sanitary practices.

**PLEASE REMEMBER** ~ Sick children will expose all the other children and staff members who they come in contact with. These people can then in turn expose the other children.

Children will be visually screened when they arrive. In the event a child becomes ill and needs to be picked up, the parent(s) will be called and is expected to come pick the child up immediately.

If the parent(s) cannot be reached, the emergency contact person will be called and asked to come pick the child up.

Under no circumstances may a parent bring a sick child to daycare, if your child is unable to participate in the normal activities of the daycare (including being able to play outside), then your child **MUST** stay home.

**Sick children want care from their parents in the comfort of their own homes.♥**

For the benefit of our staff and other children in our care, a sick child will not be permitted to return to care for 24 hours after their condition has discontinued. The child may return 24 - 48 hours (depending upon the illness) after they have received the first dose of an antibiotic. If a child receives an antibiotic for an ear infection, he/she may return to day care immediately if he/she has been free of other symptoms mentioned for at least 24 hours. If you aren't sure about whether or not to bring your child to care, please call Tyke Town to discuss it.

### **Signs & Symptoms your child should stay home from daycare:**

- **Fever:** Fever is defined as having a temperature of 100°F or higher when taken on the child's forehead. A child needs to be fever free for a minimum of 24 hours before returning to daycare, that means the child is fever free without the aid of Tylenol®, or any other fever reducing substance.
- **Runny nose** (Anything other than clear), draining eyes or ears.
- **Diarrhea:** runny, watery, or 2 or more loose stools within last 3 hours.
- **Vomiting:** Do not bring your child if they have vomited in the night or within the last 24 hours.
- **Child is irritable,** continuously crying, or requires more attention than we can provide without minimizing the safety or well-being of the other children in our care.

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- Frequent scratching of body or scalp, lice, rash, or any other spots that resemble childhood diseases.
- Sore throat, vomiting, diarrhea, rash, earache, irritability, or confusion. Breathing trouble, sore throat, swollen glands, loss of voice, hacking or continuous coughing.

Just a note: Please know that we do love your children and want them to be here....But NOT when they are sick. We want them to stay home and get better if need be. How do you feel when another parent brings in their sick child and your child is exposed? We STRESS this again -- if you are not sure whether or not it is okay to bring your child, please call ahead to ask us. We may require a doctor's decision as to whether or not the child is contagious.

We appreciate your cooperation in this matter.

Please sign here to verify that you have read and understand our guidelines for helping to keep Tyke Town a healthy place for everyone! Thank you.

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Print Name

Signature

Date

Updated 1/24