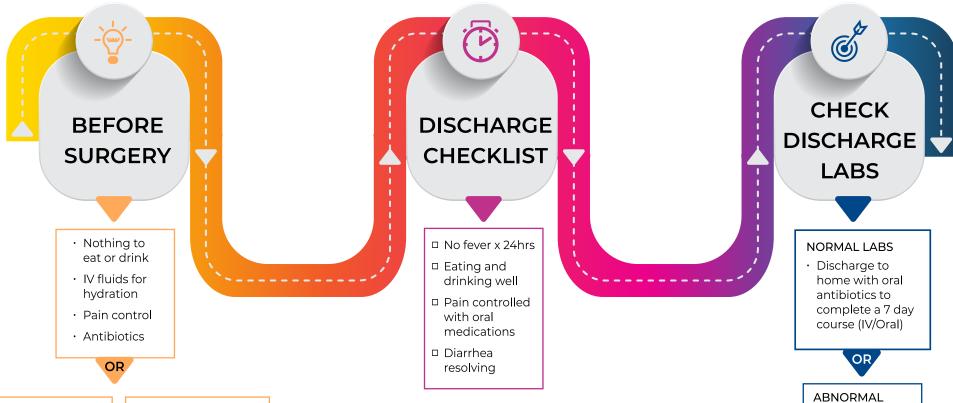
# Perforated (Ruptured) Appendicitis

# **ROAD TO DISCHARGE**



#### DIET

- Start with liquids and advance to regular as tolerated
- Fluids in IV for hydration until drinking enough

#### ANTIBIOTICS

 IV antibiotics until discharged from the hospital

### PAIN CONTROL

- · IV medications
- Start oral pain medications when able to eat and drink

### **ACTIVITY**

- Out of bed as much as possible
- Advance to walking in halls 3-4 times per day by first day after surgery
- Incentive spirometry breathing 10x per hr

## ABNORMAL LABS

- Continue antibiotics and repeat labs in 24-48hrs
- May need imaging to look for more infection



