

MEDICATIONS

- The OSC nurse and Anesthesiologist will instruct you on the use of your medications prior to surgery.
- You may continue prescription medications unless otherwise instructed.
- Please inform your surgical team if you have recently been prescribed an antibiotic.
- IF TRAVELING FROM OUT OF AREA; PLEASE BRING YOUR REGULAR MEDICATIONS WITH YOU*

MEDICATION	STOP DATE	RESTART DATE
ASPIRIN	10 days prior to surgery; if taking for diagnosed heart condition - you may need consent from Primary Care Physician.	Day after surgery
Anti-Inflammatories (Ibuprofen, Aleve, Motrin, Meloxicam/Mobic, Celebrex, Naproxen)	5 days prior	Day after surgery unless prescribed a prescription NSAID
Vitamins / Herbs / Supplements	7 days prior to surgery	Day after surgery
Diabetic medications	Anesthesiologist will advise	Resume as instructed by OSC staff
Anticoagulants (Blood Thinners): Coumadin, Plavix, Xeralto, Eliquis, Pradaxa, etc.	Discuss with Surgeon and Primary Care Physician PRIOR to surgery *PT/INR may be required	Discuss with Surgeon and Primary Care Physician PRIOR to surgery
Blood Pressure Medications	Discuss with your OSC Nurse and anesthesiologist. You may be asked to hold certain types of medications the day prior to surgery.	Resume the same day of surgery

PAIN MEDICATIONS

- Your comfort throughout your stay as well as after you go home is our priority.
- Pain after surgery is to be expected but it should be at a tolerable level.
- Your surgeon will write a prescription for post-operative medications.
 - Narcotic prescriptions must be hand-delivered to your pharmacy.
 - Your responsible adult may choose to go to the pharmacy during your surgery to avoid delays between discharge and arrival at home.
 - Please make your insurance/prescription card available to your responsible adult if they will be picking up your medications. They will also need their driver's license, your date of birth and address.
 - If you are traveling out of the area it is advised that you pick up your prescriptions nearby in case of emergency.
 - If you are a Veteran: please ask for your prescriptions at your Pre-Operative appointment as it may take longer to process those medications.
 - If you are using Worker's Compensation: please alert your case worker your need for post-operative medications so they can be approved prior to surgery. Also check with your case worker to make sure your pharmacy is an acceptable location. Your pharmacy will need your Work Compensation claim number and contact information for billing purposes.
- If you have certain pain medications that you prefer or dislike, please let your OSC nurse know.
- We will frequently ask you to rate your discomfort using a pain scale where 0 = no pain and 10 = worst pain.
- We may give you pain medication while in recovery to ensure that any discomfort you have is at an acceptable level prior to discharge.
- Pain medications often cause constipation. Fruits/vegetables and fluids help alleviate constipation. An over-the-counter stool softener may be useful.