IMPLEMENTATION PLAN

Addressing Community Health Needs



Cut Bank

Cut Bank, Montana 2022-2025

Disclaimer: The Montana Office of Rural Health strongly encourages an accounting professional's review of this document before submission to the IRS. As of this publishing, this document should be reviewed by a qualified tax professional. Recommendations on its adequacy in fulfillment of IRS reporting requirements are forthcoming.

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The Implementation Planning Process

The implementation planning committee – comprised of Logan Health Cut Bank's (LHCB) leadership team– participated in an implementation planning process to systematically and thoughtfully respond to all issues and opportunities identified through their community health needs assessment (CHNA) process.

The Community Health Services Development (CHSD), community health needs assessment was performed in the winter of 2022 to determine the most important health needs and opportunities for Glacier County, Montana. The CHSD project is administrated by the Montana Office of Rural Health (MORH) and funded in part through the Montana Health Research and Education Foundation (MHREF) Flex Grant. "Needs" were identified as the top issues or opportunities rated by respondents during the CHSD survey process or during focus groups (see page 10 for a list of "Needs Identified and Prioritized"). For more information regarding the needs identified, as well as the assessment process/approach/methodology, please refer to the facility's assessment report, which is posted on the facility's website (logan.org/health/about/community-health-needs-assessment).

The community steering and implementation planning committees identified the most important health needs to be addressed by reviewing the CHNA, secondary data, community demographics, and input from representatives of the broad interest of the community, including those with public health expertise (see page 8 for additional information regarding input received from community representatives).

The implementation planning committee reviewed the priority recommendations provided by the community steering committee and determined which needs or opportunities could be addressed considering LHCB's parameters of resources and limitations. The committee then prioritized the needs/opportunities using the additional parameters of the organizational vision, mission, and values, as well as existing and potential community partners. Participants then created a goal to achieve through strategies and activities, as well as the general approach to meeting the stated goal (i.e., staff member responsibilities, timeline, potential community partners, anticipated impact(s), and performance/evaluation measures).

The prioritized health needs as determined through the assessment process and which the facility will be addressing relates to the following healthcare issues:

- Community coordination and collaboration
- Mental and behavioral health
- Health and wellness

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In addressing the aforementioned issues, Logan Health Cut Bank seeks to:

- a) Improve access to healthcare services
- b) Enhance the health of the community
- c) Advance medical or health knowledge

Facility Mission: Logan Health Cut Bank provides quality healthcare that serves our communities in a private, safe and caring environment.

Facility Vision: Logan Health Cut Bank will be the provider of choice, setting the standard for quality healthcare for our region.

Implementation Planning Committee Members:

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- Cheri Taylor, Logan Health Cut Bank Market Vice President
- Toni Altenburg, Logan Health Cut Bank Community Health Improvement Manager
- Treasure Berkram, Logan Health Cut Bank Chief Financial Officer
- Ashley Kimmet, Logan Health Cut Bank Behavioral Health Director
- Kelsey Smedsrud, Logan Health Marketing Specialist
- Ryndee Hamilton, Logan Health Cut Bank Pharmacist
- Melody Sharpton, Logan Health Executive Director of Communications

Prioritizing the Community Health Needs

The steering and implementation planning committees completed the following to prioritize the community health needs:

- 1. Reviewed the facility's presence in the community (i.e. activities already being done to address community need)
- 2. Considered organizations outside of the facility which may serve as collaborators in executing the facility's implementation plan
- 3. Assessed the health indicators of the community through available secondary data
- 4. Evaluated the feedback received from consultations with those representing the community's interests, including public health

1. Logan Health Cut Bank's Existing Presence in the Community

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- The facility hosts and sponsors an annual health fair that provides free screenings, educational resources, as well as an opportunity to meet the Logan Health Cut Bank providers.
- The Rural Health Clinic offers sports physicals to the local school district.
- The facility coordinates the Worksite Wellness Program for the school district.
- The facility offers birthday labs at a discounted price to encourage yearly preventive screenings.
- The facility has a member on the County Health Board, the Board of Directors for the Chamber of Commerce, and the Rockies Healthcare Foundation.
- The facility partners with the school to provide learning opportunities for the Health Occupations class.
- Various disease management programs: Journey to Wellness, Team Based Care, Lifestyle Management, MT Living Life Well, Walk with Ease, Health Coaches for Hypertension Control, Exercise/fitness classes.

2. List of Available Community Partnerships and Facility Resources to Address Needs

- Cut Bank Chamber of Commerce
- Cut Bank Workforce Center
- Glacier County Health Department
- Glacier Care Center
- Parkview Senior Center
- Glacier Community Health Center
- Cut Bank schools
- Cut Bank Sports Complex
- Joe Meagher Memorial Civic Center
- Cut Bank Center for Mental Health
- Crystal Creek Lodge Treatment Center
- Gateway Community Services
- Alcoholics Anonymous

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- Montana Hospital Association
- Montana Nutrition and Physical Activity program
- Agency for Healthcare Research & Quality (AHRQ)

- Montana Office of Rural Health/Area Health Education Center (MORH/AHEC)
- Montana Department of Health and Human Services
- Cut Bank & Seville Head Start
- Indian Health Services (IHS)
- Southern Piegan Health Center
- Blackfeet Community College (BCC)
- Parkview Senior Center
- BeeHive Assisted Living
- Cut Bank VA Outpatient Clinic
- Opportunities, Inc.
- Cut Bank Trails, Inc
- MSU Extension Office
- Harvest Food Pantry
- Illuminate Wellness
- Logan Health System
- Montana Healthcare Foundation (MTHCF)

3. Glacier County Indicators

Population Demographics

- 66.1% of Glacier County's population identifies as American Indian or Alaska Native, and 33.7% is white.
- 10.3% of Glacier County's population has disability status.
- 11.8% of Glacier County's population is 65 years and older.
- 8.4% of Glacier County's population has Veteran status.
- 10.4% of Glacier County's population has "No High School Diploma" as their highest degree attained; 39.2% are a "High school graduate (includes equivalency)".

Size of County and Remoteness

- 13,732 people in Glacier County.
- 4.5 people per square mile.

Socioeconomic Measures

- 40.0% of children live in poverty.
- 31.0% of persons are below the federal poverty level.
- 23.0% of adults (age<65) are uninsured; 8.0% of children less than age 18, are uninsured.
- 20.1% of the population is enrolled in Medicaid.

Select Health Measures

- 38.0% of adults are considered obese.
- 31.0% of the adult population report physical inactivity.
- Cardiovascular disease prevalence among adults in Glacier County is 8.9 compared to 7.9 for Montana.
- 41.0% of adults living in frontier Montana report two or more chronic conditions.
- Montana's veteran suicide rate (per 100,000 population) is 65.7 compared to 38.4 for the U.S.

Nearest Major Hospital

- Benefis Healthcare in Great Falls, MT is 110 miles from Logan Health Cut Bank
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12/17/2021

4. Public Health and Underserved Populations Consultation Summaries

Name/Organization

Cherie Taylor, Logan Health Cut Bank - Market Vice President Stephanie Eney, Logan Health Cut Bank - Quality/Risk Manager Treasure Berkram, Logan Health Cut Bank - Chief Financial Officer Michelle Rides at the Door, Logan Health Cut Bank - Patient Financial Services Manager Crystal Losing, Logan Health Cut Bank - Chief Nursing Officer Toni Altenburg, Logan Health Cut Bank - Community Health Improvement Manager Alana Burtness, Logan Health Cut Bank - Executive Assistant Rachel Kipp, Opportunities, Inc./Headstart - Family Service Worker Jenny Krapf, Glacier County Health Department - Director, Glacier County Health Department Angela Haas, Glacier Community Health Center - CEO/CFO Betsy Seglem, Glacier Community Health Center - COO Linda Luther, Logan Health Cut Bank - Board Member, Retired Teacher Claire Reynolds, Illuminate Wellness - Owner/Nurse Practitioner Kari Lewis, MSU Glacier County Extension - MSU Extension Agent Jodi Duncan, MSU Extension Nutrition Education Program - SNAP-Ed Instructor Jennifer Fenger, Glacier Community Health Center – Financial Controller

Public and Community Health

- We had no mammography services around a year ago so that would have affected that screening rate, but we believe it is much higher now.
- We are concerned that primary care HPSA score is much too low and could affect our status on a national level. It is not representative of the actual problem we are facing at LHCB as it relates to primary care.
- People may not know what ACES is in the community, it is more of a professional term. We would like to reword it to make it more understandable for the lay person.
- Would like to remove economic well-being question (Q10) as we wouldn't use the data to develop any sort of strategy.

- It would be beneficial to add Covid barriers/concerns to Q13 as it was a large reason that individuals did not seek or delayed seeking care.
- People sometimes visit Missoula and Billings for specialty care, so we could add those locations to Q21.

Population: Low-Income, Underinsured

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- We have seen a significant reduction in bad debt among patients to the point where we are nearing 2-3%.
- We are surprised to see that the uninsured adult rate is so high, we are wondering if that could be possibly attributed to IHS individuals being counted as uninsured.

Needs Identified and Prioritized

Prioritized Needs to Address

- 1. Top health concerns of survey respondents included "Alcohol/substance abuse" (78.0%), "Cancer" (29.4%), "Mental health issues" (21.1%), and "Diabetes" (20.2%).
- 2. Survey respondents indicated that "Access to healthcare" (39.1%), "Healthy behaviors and lifestyles" (34.5%), "Good jobs and a healthy economy" (31.8%) are components of a health community.
- 3. 27.1% of respondents rated their knowledge of health services available through Logan Health Cut Bank as fair or poor.
- 4. Survey respondents indicated they learn about available health services through "Healthcare provider" (64.2%), "Friends/family" (56.0%), "Word of mouth/reputation" (53.2%), "Newspaper" (43.1%), and "Social media/Facebook" (33.9%).
- 5. Key informant interview participants were interested in more advertising and awareness of local services.
- 6. 29.8% of survey respondents reported "More mental health services" would improve the community's access to healthcare.
- 7. Survey respondents indicated an interest in the following classes or programs: "Fitness" (46.9%), "Health and wellness" (41.8%), "Nutrition/healthy foods" (40.8%), and "Stress management" (37.8%).
- 8. 63.6% of survey respondents report utilizing a "Blood pressure check" in the last year.
- 9. 37.7% of survey respondents indicated they delayed or did not receive needed healthcare services; reasons for delay included "COVID-19 barriers/concerns" (30.8%), and "It was too far to go" and "Too long to wait for an appointment" (25.6% each).
- 10. 20.2% of respondents indicated they had experienced periods of at least three consecutive months in the past three years where they felt depressed on most days.
- 11. Key informant interview participants were interested in more mental and behavioral health resources locally.
- 12. 44.4% of respondents described their stress level over the past year as moderate.
- 13. Survey respondents indicated to what degree their life has been negatively affected a little by their own or someone else's substance abuse issues, including alcohol, prescription, or other drugs: "A little" (16.8%), "Somewhat" (18.7%), and "A great deal" (8.4%).
- 14. Key informant interview participants expressed a desire for more nutrition and healthy lifestyle education.

Needs Unable to Address

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(See page 25 for additional information)

- 1. Secondary data scan revealed the sexually transmitted diseases (STD) (for Chlamydia, Gonorrhea, and primary/secondary Syphilis) incidence rates (per 100,000 population) is 1467.0 in Glacier County compared to 551.6 for Montana.
- 2. 11.9% of survey respondents reported they had worried that they would not have enough food to eat within the last year.
- 3. 9.3% of survey respondents indicated that they had difficulty getting a prescription or taking their medication regularly in the last year.

Executive Summary

The following summary briefly represents the goals and corresponding strategies and activities which the facility will execute to address the prioritized health needs (from page 10). For more details regarding the approach and performance measures for each goal, please refer to the Implementation Plan Grid section, which begins on page 14.

Goal 1: Improve access to, and awareness of, available resources and services through enhanced coordination and collaboration with community partners.

Strategy 1.1: Enhance Logan Health Cut Bank's coordination and collaboration efforts among area partners to enhance access to healthcare and community resources.

- **1.1.1.** Enhance the web-based resource page and look to further expand and develop the Logan Health Cut Bank website.
- **1.1.2.** Develop a health resource, education, and outreach plan.
- **1.1.3.** Produce and distribute a biannual publication inclusive of the local health resources available.
- **1.1.4.** Develop a regional outreach and community relations plan for Logan Health including strategies related to health education.
- **1.1.5.** Assemble a community network comprised of healthcare entities in the Cut Bank area. Host quarterly meetings to discuss community health challenges and opportunities.
- **1.1.6.** Develop a charter for the community health network to be formed in the Logan Health Cut Bank service area.

Goal 2: Enhance access to mental and behavioral health services in Glacier County.

Strategy 2.1: Explore opportunities to improve local mental and behavioral health resources and services.

- **2.1.1.** Collaborate with Logan Health system partners to explore the feasibility of recruiting and hiring a Licensed Addictions Counselor (LAC).
- **2.1.2.** Provide staff training on youth and teen mental health first aid.
- **2.1.3.** Collaborate with Logan Health system partners to explore the feasibility of contracting with a psychiatrist or psychiatric nurse practitioner to open the opportunity of telemental health options locally.
- 2.1.4. Identify viable screening tools for substance use issues [ex. Screening, Brief Intervention and Referral to Treatment

(SBIRT)].

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- **2.1.5.** Collaborate with Logan Health system partners particularly Logan Health Conrad and Shelby to explore and enhance local mental and behavioral health referral options.
- **2.1.6.** Define and develop care coordination protocols for behavioral health.

Goal 3: Enhance Logan Health Cut Bank programs and services that promote health and wellness in Glacier County.

Strategy 3.1: Increase knowledge and access to programs and services that improve population health.

- **3.1.1.** Continue to host and support chronic disease prevention programming (ex. Annual Health Fair, associated screenings, lifestyle management programs).
- **3.1.2.** Develop a health promotion outreach plan for chronic disease management.
- **3.1.3.** Identify the most effective modes of communication for health education.
- **3.1.4.** Explore health promotion opportunities for collaboration with tribal health entities.

Strategy 3.2: Explore opportunities to enhance Logan Health Cut Bank care coordination and population health efforts.

- **3.2.1.** Explore the feasibility of managing preventive health screenings through care coordination services.
- **3.2.2.** Determine the demand for expanding the worksite wellness program among local employers.
- **3.2.3.** Research the suitability for expanding the worksite wellness program among LHCB employees.
- **3.2.4.** Explore the creation of a single lifestyle management program, meeting national guidelines and standards for chronic disease prevention and management programs.

Implementation Plan Grid

Goal 1: Improve access to, and awareness of, available resources and services through enhanced coordination and collaboration with community partners.

Strategy 1.1: Enhance Logan Health Cut Bank's coordination and collaboration efforts among area partners to enhance access to healthcare and community resources.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
1.1.1. Enhance the web-based resource page and look to further expand and develop the Logan Health Cut Bank website.	Marketing and Communications team	09/2022	Community Health Improvement Manager/Region al Marketing	Regional and local health network partners	Resource Limitations Financial Limitations Workforce Limitations
1.1.2. Develop a health resource, education, and outreach plan.	Community Health Improvement Manager, Rural Health Clinic Manager, Marketing & Communications Specialist	03/2023	Community Health Improvement Manager	Community partners	Resource Limitations Workforce Limitations
1.1.3. Produce and distribute a biannual publication inclusive of the local health resources available.	Marketing and Communications Team, LHCB Leadership Team	03/2024	Community Health Improvement Manager	Regional and local health network partners	Financial Limitations Resource Limitations
1.1.4. Develop a regional outreach and community relations plan for Logan Health including strategies related to health education.	Marketing and Communications team	03/2023	Community Health Improvement Manager	Logan Health system partners	Workforce Limitations Resource Limitations

1.1.5. Assemble a community network comprised of healthcare entities in the Cut Bank area. Host quarterly meetings to discuss community health challenges and opportunities.	Community Health Improvement Manager, Rural Health Clinic Manager	03/2025	Community Health Improvement Manager	Local community health champions	Workforce Limitations Scheduling conflicts
1.1.6. Develop a charter for the community health network to be formed in the Logan Health Cut Bank service area.	Local community health champions	03/2025	Community Health Improvement Manager	Local community health champions	Workforce Limitations

Needs Being Addressed by this Strategy:

- 2. Survey respondents indicated that "Access to healthcare" (39.1%), "Healthy behaviors and lifestyles" (34.5%), "Good jobs and a healthy economy" (31.8%) are components of a health community.
- 3. 27.1% of respondents rated their knowledge of health services available through Logan Health Cut Bank as fair or poor.
- 4. Survey respondents indicated they learn about available health services through "Healthcare provider" (64.2%), "Friends/family" (56.0%), "Word of mouth/reputation" (53.2%), "Newspaper" (43.1%), and "Social media/Facebook" (33.9%).
- 5. Key informant interview participants were interested in more advertising and awareness of local services.
- 9. 37.7% of survey respondents indicated they delayed or did not receive needed healthcare services; reasons for delay included "COVID-19 barriers/concerns" (30.8%), and "It was too far to go" and "Too long to wait for an appointment" (25.6% each).

Anticipated Impact(s) of these Activities:

- Improved awareness and utilization of services and programs.
- Strengthened collaboration between community partners.
- Build community capacity.
- Increase access to healthcare services.
- Increased community knowledge of services.
- Improved health outcomes.
- Service, policy, and resources development.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Pre- and Post- program assessments.
- Clearly identified outcomes from participation in program (i.e., improved blood pressure, decrease medication, improved lipids).

- Track service and resource utilization post outreach efforts.
- Track LHCB involvement in community health network.

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- Track the engagement resulting from health resource, education, and outreach plan.
- Track the dissemination of the biannual publication inclusive of the local health resources available.
- Track awareness and access to services/resource measures in subsequent CHNA.

Measure of Success: Community members will have an improved access to, and awareness of, available resources and services through enhanced coordination and collaboration with community partners.

Goal 2: Enhance access to mental and behavioral health services in Glacier County.

Strategy 2.1: Explore opportunities to improve local mental and behavioral health resources and services.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
2.1.1. Collaborate with Logan Health system partners to explore the feasibility of recruiting and hiring a Licensed Addictions Counselor (LAC).	Behavioral Health Director	3/2023	Behavioral Health Director	Glacier Community Health Center (GCHC)	Workforce Limitations Financial Limitations
2.1.2. Provide staff training on youth and teen mental health first aid.	Behavioral Health Director	03/2024	Behavioral Health Director	Montana Hospital Association (MHA), Montana Office of Rural Health and Area Health Education Center (MORH/AHEC)	Workforce Limitations
2.1.3. Collaborate with Logan Health system partners to explore the feasibility of contracting with a psychiatrist or psychiatric nurse practitioner to open the opportunity of telemental health options locally.	Behavioral Health Director	3/2024	Behavioral Health Director	Logan Health system partners	Workforce Limitations
2.1.4. Identify viable screening tools for substance use issues [ex. Screening, Brief Intervention and Referral to Treatment (SBIRT)].	Behavioral Health Director	3/2023	Behavioral Health Director	Logan Health Kalispell, Montana Healthcare Foundation (MTHCF)	Resource Limitations
2.1.5. Collaborate with Logan Health system partners – particularly Logan Health Conrad and Shelby – to explore and enhance local	Behavioral Health Director	3/2025	Behavioral Health Director	Logan Health system partners	Workforce Limitations Resource

mental and behavioral health referral options.					Limitations
2.1.6. Define and develop care coordination protocols for behavioral health.	Behavioral Health Director, Community Health Improvement Manager	3/2023	Behavioral Health Director	Faith Jones, HealthTechS3, Logan Health System Partners	Workforce Limitations

Needs Being Addressed by this Strategy:

- 1. Top health concerns of survey respondents included "Alcohol/substance abuse" (78.0%), "Cancer" (29.4%), "Mental health issues" (21.1%), and "Diabetes" (20.2%).
- 2. Survey respondents indicated that "Access to healthcare" (39.1%), "Healthy behaviors and lifestyles" (34.5%), "Good jobs and a healthy economy" (31.8%) are components of a health community.
- 6. 29.8% of survey respondents reported "More mental health services" would improve the community's access to healthcare.
- 10. 20.2% of respondents indicated they had experienced periods of at least three consecutive months in the past three years where they felt depressed on most days.
- 11. Key informant interview participants were interested in more mental and behavioral health resources locally.
- 12. 44.4% of respondents described their stress level over the past year as moderate.
- 13. Survey respondents indicated to what degree their life has been negatively affected a little by their own or someone else's substance abuse issues, including alcohol, prescription, or other drugs: "A little" (16.8%), "Somewhat" (18.7%), and "A great deal" (8.4%).

Anticipated Impact(s) of these Activities:

- Improved access to mental and behavioral health services.
- Improved mental and behavioral health outcomes.
- Enhance access to substance use screenings.
- Decrease societal stigma associated with accessing mental and behavioral health resources.
- Improved health outcomes.
- Service, policy, and resources development.
- Improve access to high quality, coordinated care.
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- Strengthen community partnerships.
- Build community capacity.
- Increased community knowledge of resources.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track and report progress on Management Action Plan.
- Track progress towards recruiting and hiring a Licensed Addictions Counselor (LAC).
- Catalog Logan Health Cut Bank staff that complete youth and teen mental health first aid training.
- Track progress towards contracting with a psychiatrist or psychiatric nurse practitioner for telemental health services.
- Track progress towards enhancing local mental and behavioral health referral options.
- Track mental and behavioral health measures in subsequent CHNA.
- Track progress towards developing care coordination protocols for behavioral health.

Measure of Success: Logan Health Cut Bank will support new opportunities that enhance local mental and behavioral resources and services by measuring behavioral health scheduled visits.

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Goal 3: Enhance Logan Health Cut Bank programs and services that promote health and wellness in Glacier County.					
Strategy 3.1: Increase knowledge and access to programs and services that improve population health.					
Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
3.1.1. Continue to host and support chronic disease prevention programming (ex. Annual Health Fair, associated screenings, lifestyle management programs).	Community Health Improvement Manager	03/2023	Community Health Improvement Manager	Logan Health system partners, American Red Cross, GCHC, Glacier County Health Department	Workforce Limitations
3.1.2. Develop a health promotion outreach plan for chronic disease management.	Community Health Improvement Manager, Logan Health Marketing and Communications team	03/2023	Community Health Improvement Manager	Logan Health system partners	Workforce Limitations Resource Limitations
3.1.3. Identify the most effective modes of communication for health education.	Community Health Improvement Manager, Logan Health Marketing and Communications team	10/2023	Community Health Improvement Manager	Logan Health system partners	Resource Limitations

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3.1.4. Explore health promotion opportunities for collaboration with tribal health entities.	Community Health Improvement Manager	03/2025	Community Health Improvement Manager	Indian Health Services (IHS), Southern Piegan Health Center, Blackfeet Community College (BCC)	Cultural Barriers Resource Limitations
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Needs Being Addressed by this Strategy:

- 1. Top health concerns of survey respondents included "Alcohol/substance abuse" (78.0%), "Cancer" (29.4%), "Mental health issues" (21.1%), and "Diabetes" (20.2%).
- 2. Survey respondents indicated that "Access to healthcare" (39.1%), "Healthy behaviors and lifestyles" (34.5%), "Good jobs and a healthy economy" (31.8%) are components of a health community.
- 3. 27.1% of respondents rated their knowledge of health services available through Logan Health Cut Bank as fair or poor.
- 4. Survey respondents indicated they learn about available health services through "Healthcare provider" (64.2%), "Friends/family" (56.0%), "Word of mouth/reputation" (53.2%), "Newspaper" (43.1%), and "Social media/Facebook" (33.9%).
- 5. Key informant interview participants were interested in more advertising and awareness of local services.
- 7. Survey respondents indicated an interest in the following classes or programs: "Fitness" (46.9%), "Health and wellness" (41.8%), "Nutrition/healthy foods" (40.8%), and "Stress management" (37.8%).
- 8. 63.6% of survey respondents report utilizing a "Blood pressure check" in the last year.
- 9. 37.7% of survey respondents indicated they delayed or did not receive needed healthcare services; reasons for delay included "COVID-19 barriers/concerns" (30.8%), and "It was too far to go" and "Too long to wait for an appointment" (25.6% each).
- 14. Key informant interview participants expressed a desire for more nutrition and healthy lifestyle education.

Anticipated Impact(s) of these Activities:

- Increase access to preventive services.
- Increased community knowledge of services.
- Improved health outcomes.
- Service, policy, and resources development.
- Reduce disease burden.
- Empower community to make healthful lifestyle choices.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track number of community members reached/participating.
- Track percent of patient/participant completion.
- Journey to Wellness data.

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Track reach and engagement with health promotion outreach for chronic disease management.

Measure of Success: Logan Health Cut Bank will observe an improvement in community knowledge and access to programs and services that improve population health.

Goal 3: Enhance Logan Health Cut Bank programs and services that promote health and wellness in Glacier County.					
Strategy 3.2: Explore opportunities to enhance Logan Health Cut Bank care coordination and population health efforts.					
Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
3.2.1. Explore the feasibility of managing preventive health screenings through care coordination services.	Community Health Improvement Manager, Rural Health Clinic Manager, Quality Manager	10/2024	Community Health Improvement Manager	Glacier County Health Department	Workforce Limitations Resource Limitations
3.2.2. Determine the demand for expanding the worksite wellness program among local employers.	Community Health Improvement Manager	09/2024	Community Health Improvement Manager	Local schools, Co- Op, Local retail businesses, Northwestern Energy	Financial Limitations Workforce Limitations
3.2.3. Research the suitability for expanding the worksite wellness program among LHCB employees.	Community Health Improvement Manager	03/2023	Community Health Improvement Manager	Logan Health Medical Fitness Center	Workforce Limitations Financial Limitations
3.2.4. Explore the creation of a single lifestyle management program, meeting national guidelines and standards for chronic disease prevention and management programs.	Community Health Improvement Manager	03/2025	Community Health Improvement Manager	Logan Health system partners	Workforce Limitations Financial Limitations Resource Limitations

Needs Being Addressed by this Strategy:

- 1. Top health concerns of survey respondents included "Alcohol/substance abuse" (78.0%), "Cancer" (29.4%), "Mental health issues" (21.1%), and "Diabetes" (20.2%).
- 2. Survey respondents indicated that "Access to healthcare" (39.1%), "Healthy behaviors and lifestyles" (34.5%), "Good jobs and a healthy economy" (31.8%) are components of a health community.
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- 14. Key informant interview participants expressed a desire for more nutrition and healthy lifestyle education.

Anticipated Impact(s) of these Activities:

- Increase access to high quality, coordinated healthcare services.
- Increased community knowledge of services.
- Improved health outcomes.
- Reduce disease burden.

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- Service, policy, and resources development.
- Empower community to make healthful lifestyle choices.
- Shift community attitudes and beliefs around healthy living.

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Catalog local employers interested in adopting and participating in the worksite wellness program.
- Track the progress of managing preventive health screenings through care coordination services.
- Track participation in worksite wellness program among LHCB employees.
- Track the progress of the creation or adoption of a single lifestyle management program.

Measure of Success: Logan Health Cut Bank will support new opportunities that enhance care coordination and population health efforts.

	Logan Health Cut Bank – Cut Bank, MT 2022					
	Needs Not Addressed and Justification					
	Identified health needs unable to address by Logan Health Cut Bank	Rationale				
1.	Secondary data scan revealed the sexually transmitted diseases (STD) (for Chlamydia, Gonorrhea, and primary/secondary Syphilis) incidence rates (per 100,000 population) is 1467.0 in Glacier County compared to 551.6 for Montana.	Logan Health Cut Bank (LHCB) works closely with Glacier County Health Department, who has infectious disease surveillance as a primary area of focus. LHCB providers and staff are diligent about consistent communication and patient education to support the efforts of the Health Department.				
2.	11.9% of survey respondents reported they had worried that they would not have enough food to eat within the last year.	LHCB supports the local Food Pantry by volunteering to cover a week per month of food distribution. LHCB also hosts several drives throughout the year to collect food and other items to be donated to the Food Pantry. The providers in LHCB's Rural Health Clinic have included food security as a topic in their patient assessments.				
3.	9.3% of survey respondents indicated that they had difficulty getting a prescription or taking their medication regularly in the last year.	LHCB has a 340B program to pass on savings to patients who are seen by LHCB. The specific information about the medications offered on the 340B formulary is offered in the clinic as well as at the pharmacy for patients who are having difficulty getting prescriptions. The benefit is not available to those on Medicaid. All other patients are able to receive the benefit.				

Disclaimer: The Montana Office of Rural Health and the National Rural Health Resource Center strongly encourage an accounting professional's review of this document before submission to the IRS. As of this publishing, this document should be reviewed by a qualified tax professional. Recommendations on its adequacy in fulfillment of IRS reporting requirements are forthcoming.

Dissemination of Needs Assessment

Logan Health Cut Bank "LHCB" disseminated the community health needs assessment and implementation plan by posting both documents conspicuously on their website (<u>logan.org/health/about/community-health-needs-assessment</u>) as well as having copies available at the facility should community members request to view the community health needs assessment or the implementation planning documents.

The Steering Committee, which was formed specifically as a result of the CHSD (Community Health Services Development) process to introduce the community to the assessment process, will be informed of the implementation plan to see the value of their input and time in the CHSD process as well as how LHCB is utilizing their input. The Steering Committee, as well as the Board of Directors, will be encouraged to act as advocates in Glacier County as the facility seeks to address the healthcare needs of their community.

Furthermore, the board members of LHCB will be directed to the hospital's website to view the complete assessment results and the implementation plan. LHCB board members approved and adopted the plan on **May 25, 2022**. Board members are encouraged to familiarize themselves with the needs assessment report and implementation plan, so they can publicly promote the facility's plan to influence the community in a beneficial manner.

Written comments on this 2022-2025 Logan Health Cut Bank Community Benefit Strategic Plan can be submitted to:

Administration Logan Health Cut Bank 802 2nd Street SE Cut Bank, Montana 59427

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Please reach out to Logan Health Cut Bank's Market Vice President, Cherie Taylor at 406-873-3736 or <u>cherietaylor@logan.org</u> with questions.