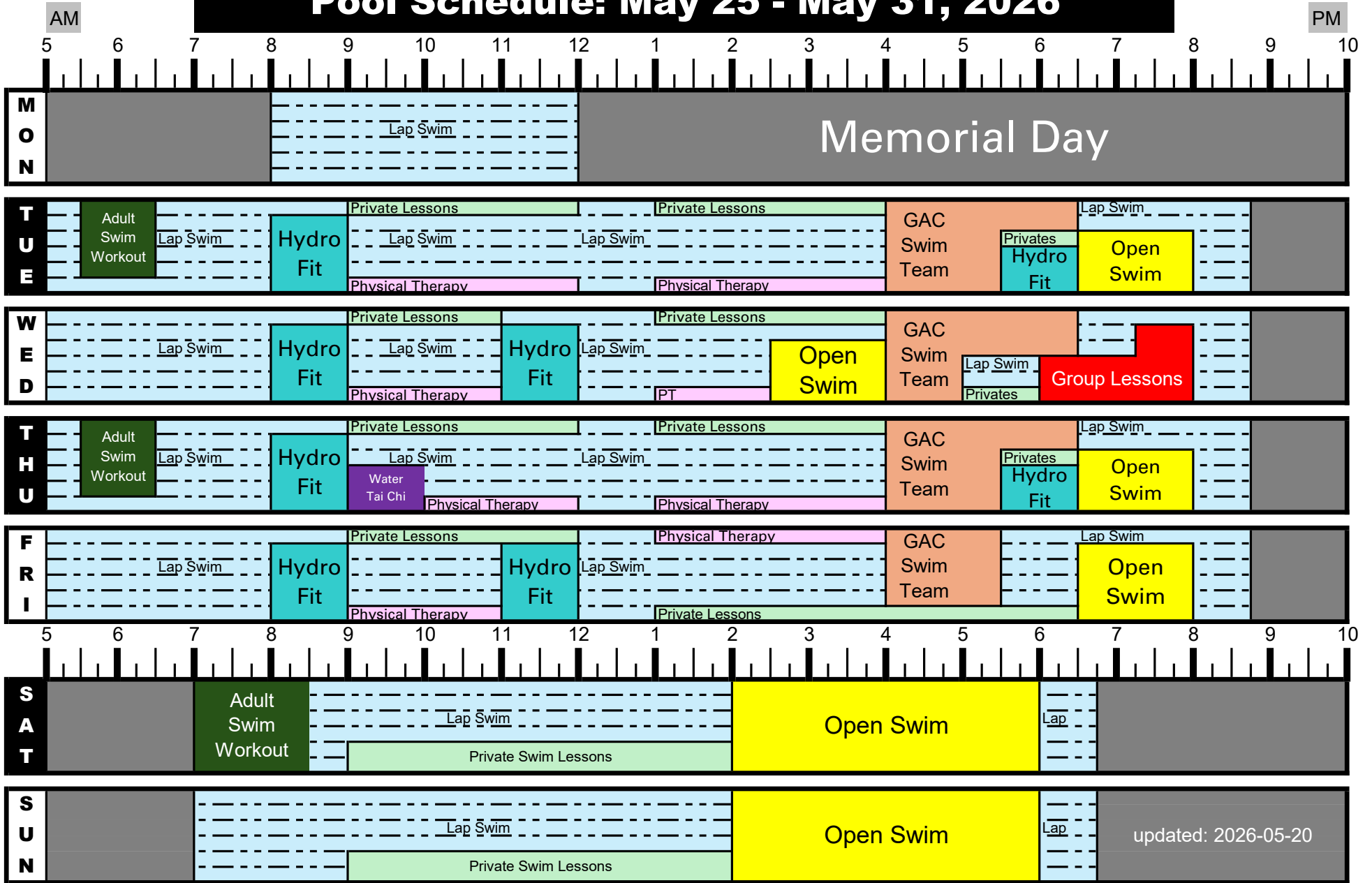
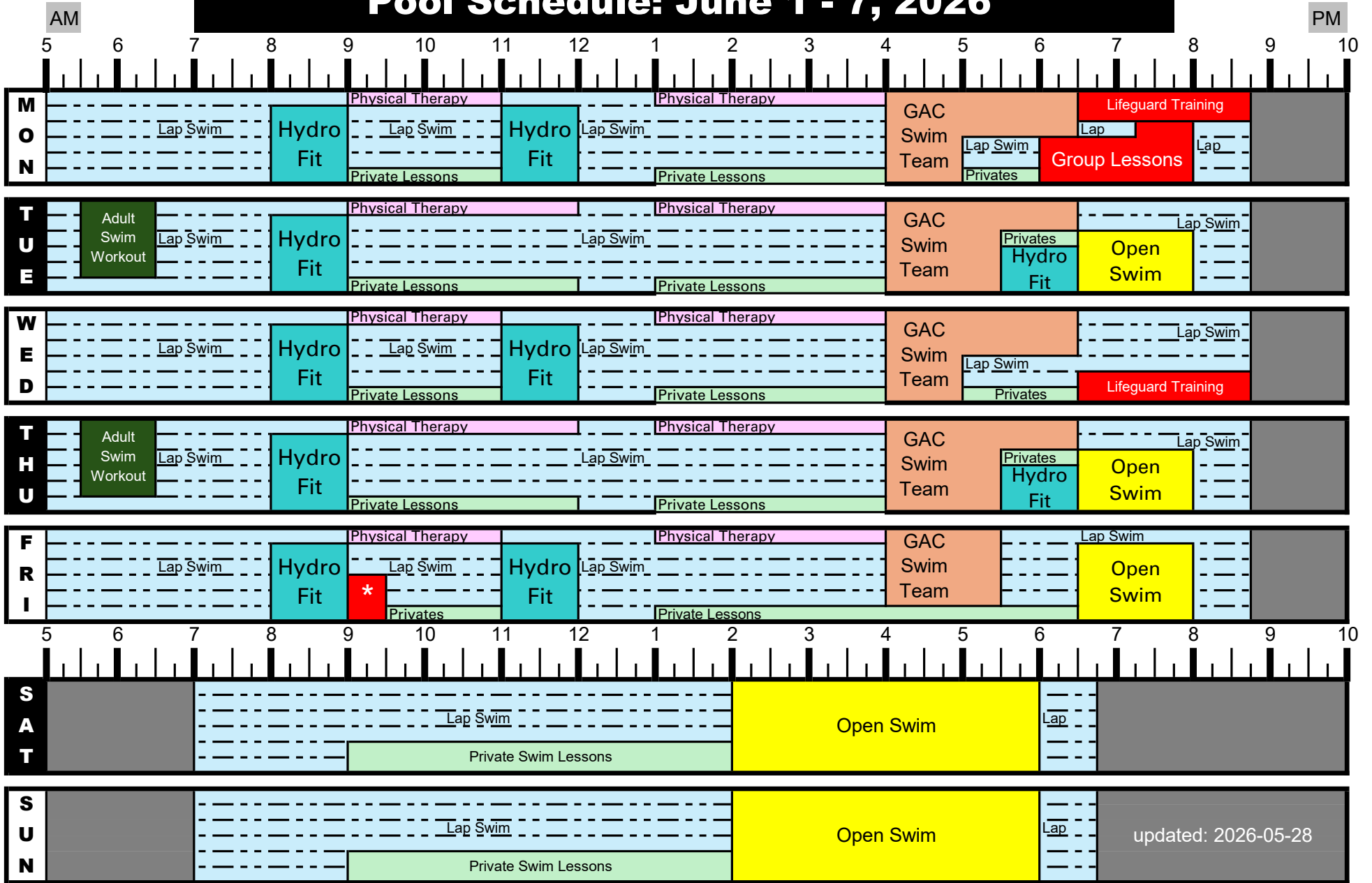


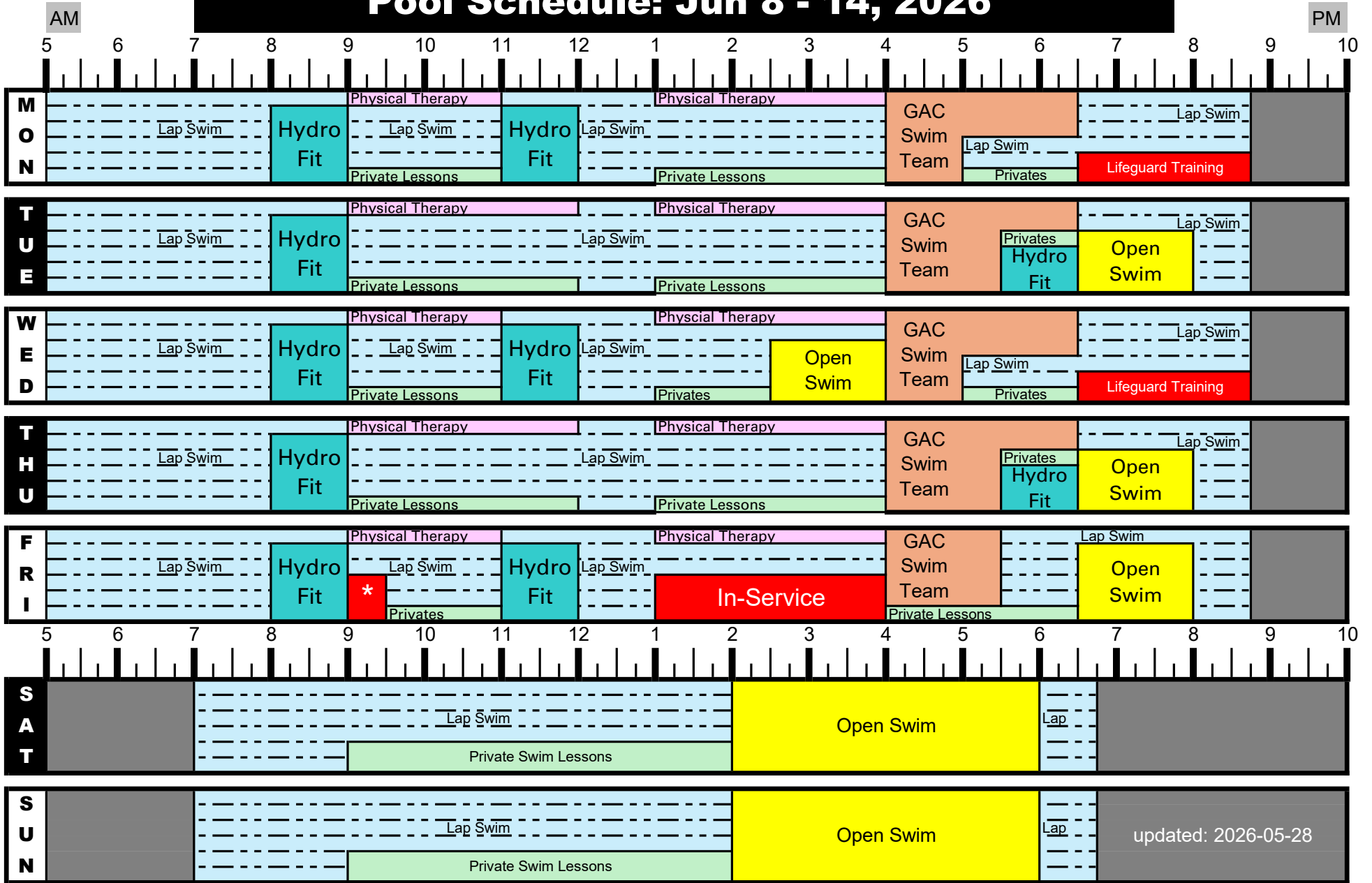
Pool Schedule: May 25 - May 31, 2026



Pool Schedule: June 1 - 7, 2026

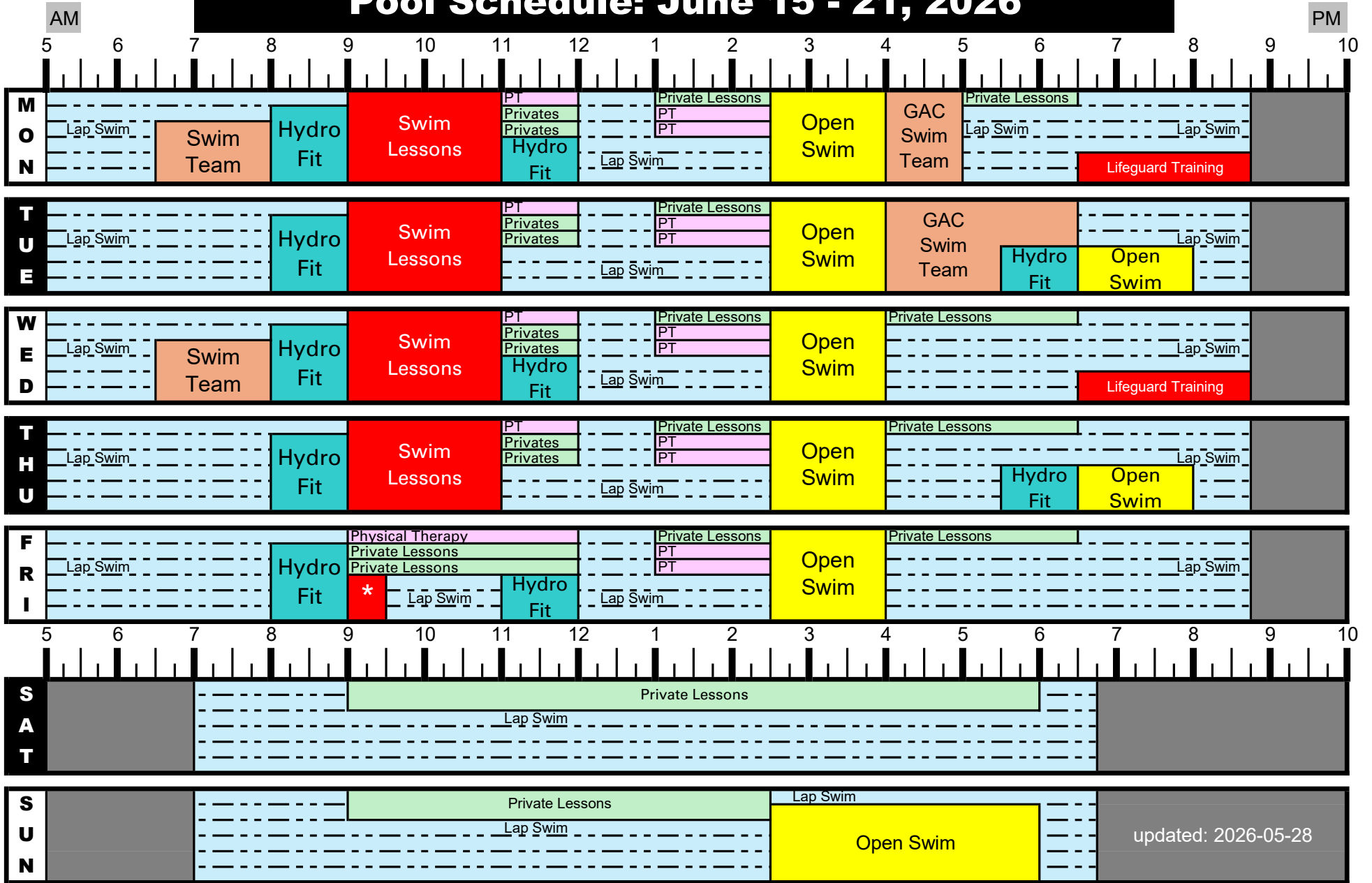


Pool Schedule: Jun 8 - 14, 2026



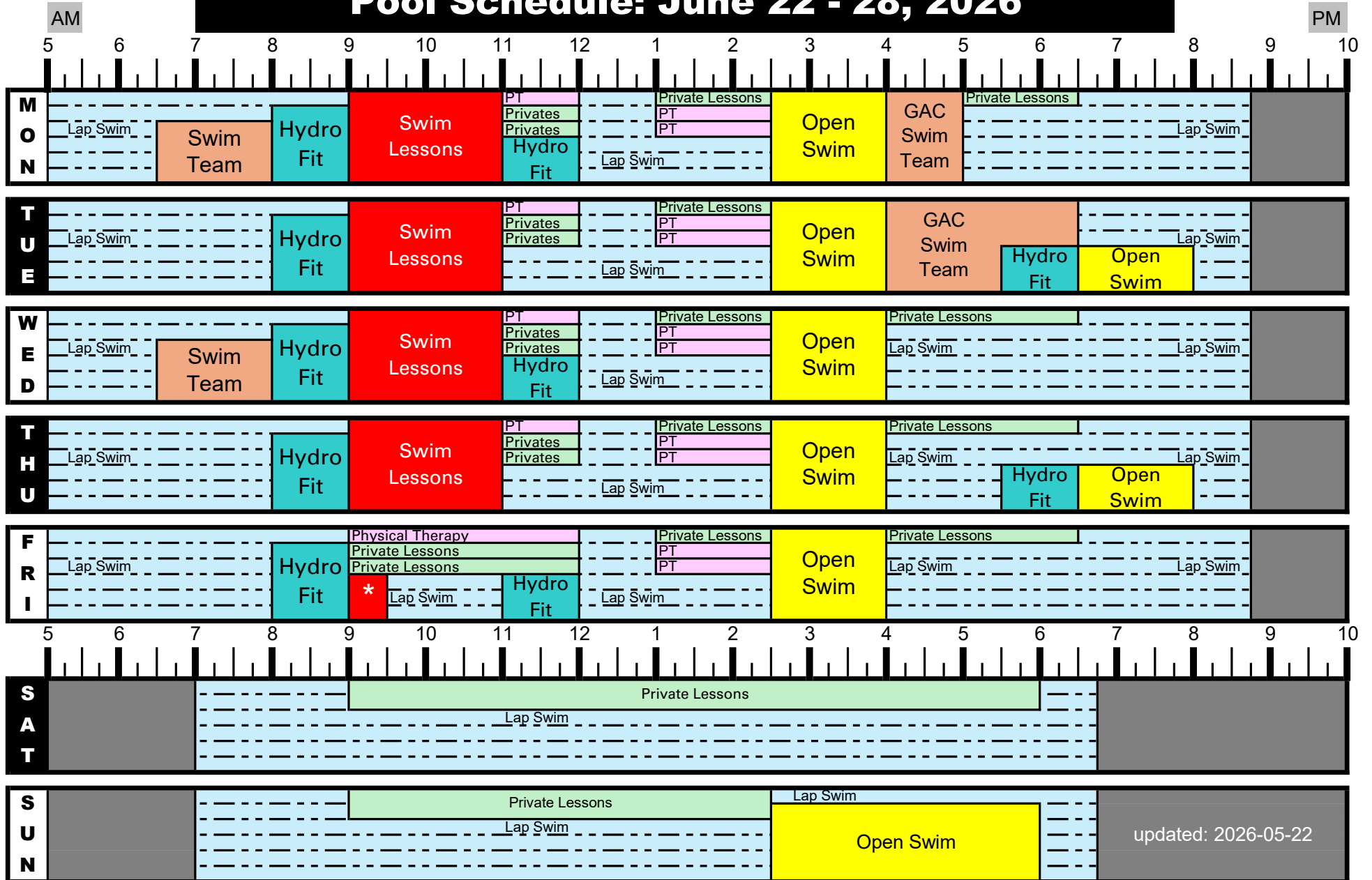
*Parent-Tot Lessons

Pool Schedule: June 15 - 21, 2026



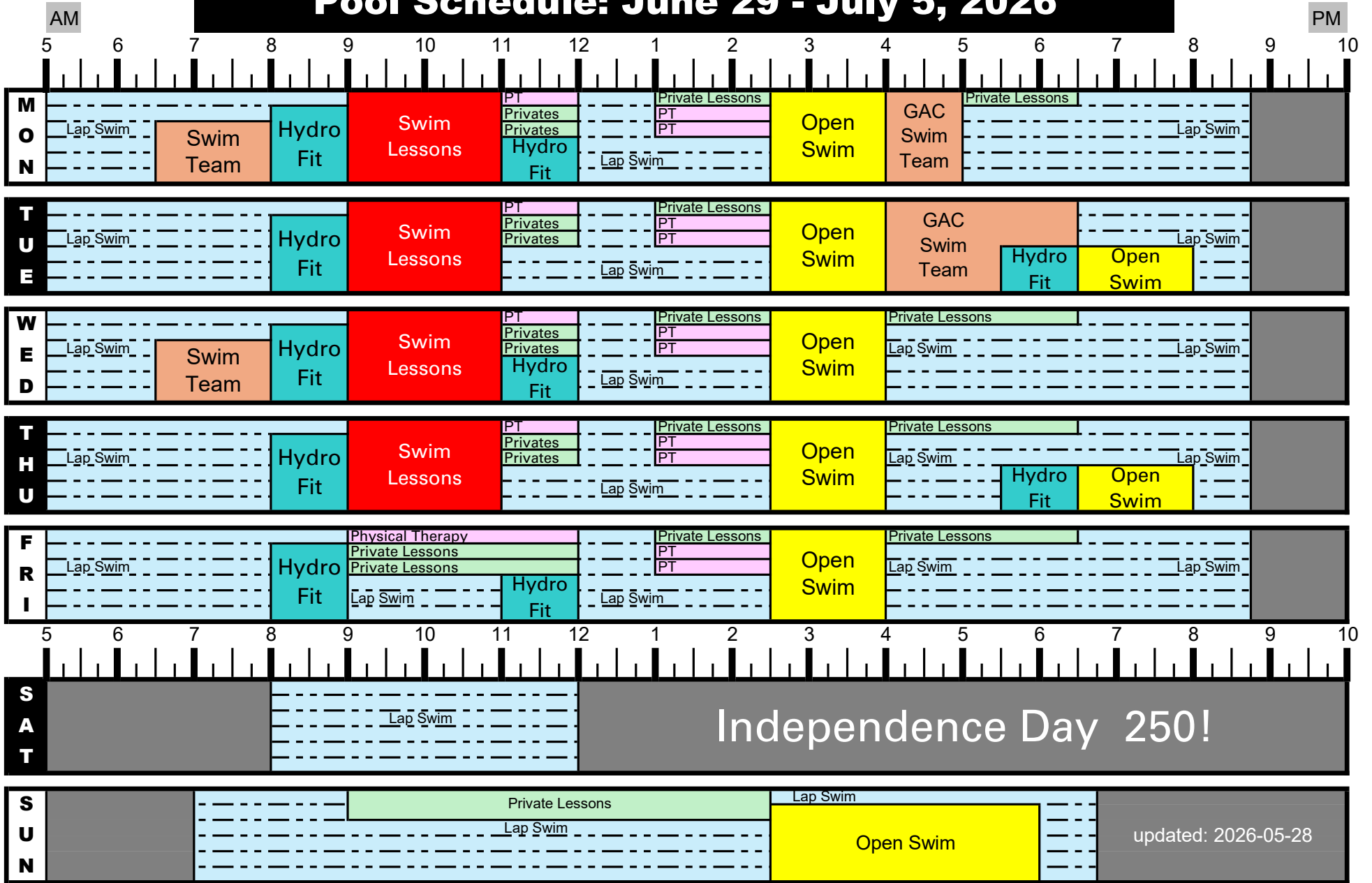
*Parent-Tot Lessons

Pool Schedule: June 22 - 28, 2026



*Parent-Tot Lessons

Pool Schedule: June 29 - July 5, 2026



Pool Programming Descriptions

Hydro Fit	Instructor-led pool workouts with upbeat music for all fitness levels. Age 14 and up. May adapt workout to match your level. No pre-registration required. Free to members.
Lap Swim	Available for swimmers 14 years old and older. Please share lanes. Circle swimming with up to 6 swimmers per lane is common etiquette.
Open Swim	Family and children swim time with lifeguards on duty. See pool age guidelines for specifics. This is the only time children 13 and under can use the pool and hot tub other than lessons.
Parent-Tot Lessons	Instructor-led swim lessons for infants and toddlers with a parent. Pre-registration required.
Physical Therapy	Time designated for outpatient physical therapists to do patient treatment in the water.
Private Lessons	Lane reserved for private lessons scheduled with the Aquatics Supervisor. If no lesson is scheduled, the lane can be used for lap swimming.
Swim Lessons	Children's group swimming lessons with instructors. Pre-registration required. See website for information. No open swim or hot tub use for swimming lessons children under 14 years old.
Swim Team	We support our club swim team, Glacier Aquatic Club, and the swim teams from Flathead and Glacier High Schools. They hold daily practices and host meets. Thank you for your support of these programs.

Hot tub:

Ages 14+ allowed anytime.
 Ages 6-13 only during Open Swim.
 Ages 0-5 not allowed at any time.



For more information contact
 Logan Health Fitness Center at
 (406) 751-4100 <https://logan.org/aquatics>