

Assisted Living

Shelby, MT

About Logan Health Assisted Living – Shelby:

- **How many beds:** We have 38 rooms and can hold 40 people. We have some studio apartments and some 1 bedrooms, which can accommodate couples if needed.
- **Patient demographics:** Our patients are all over 65 and still want to have the feeling of living independently but may need a little extra help or reminders. We offer assistance in medication administration, housekeeping and laundry, as well as serving 3 hot meals a day. In town appointment transportation is available if needed. The residents in our facility must be able to make their needs known and perform most of the activities of daily living without assistance. This includes being able to get to and from the bathroom on their own.
- **Schedules and call requirements:** This facility puts out schedules one month at a time and typically by the second week of the previous month, at the latest. Our aids work 12 hour shifts here and are scheduled 3-4 days a week working every other weekend. We have 3 on day shift and 2 on nights. The aids are responsible for medication passes in this facility as well.

Nursing we have the administrator, the staff supervisor and one RN that is PRN status. There is an RN on site Monday through Friday 8-5, and one on call for nights, weekends and holidays.

Common treatments and skill sets/procedures:

Typically, the people that move in here are still mostly independent and may just need help with remembering medications, assistance with dressing or showering, cooking, or more of a social life. We do not have full lifts here or any residents that need total care. You may see some residents here with dementia, but we cannot keep any wander risks or anyone who may hurt themselves or others.



Qualities of an assisted living nurse:

Nurses here provide care for and support individuals who have a wide range of conditions and complex care needs, including palliative and end of life care if necessary. They need to be exceptional communicators and emotionally intelligent, as they often must have difficult conversations with residents and their families. Patience and compassion are necessary as well as critical thinking and problem solving. We also manage resident medications, including being the intermediary between pharmacies and providers quite often. We need to be organized and able to communicate needs and wants to family members and the resident providers.

A day in the life of our unit:

Our facility is an open door, family friendly, high-energy facility providing our residents personalized care in a residential setting. Some residents have been here for many years, and we try to make this place feel just like home. We keep our residents busy with activities and entertainment and serve some wonderful meals in our restaurant style dining room.

On any given day you can walk through the front doors to find residents visiting in the lobby while others are in the sunroom playing chess or building a puzzle. The nurses may be in a resident apartment conducting an assessment, passing medication, or just checking on a resident's well-being. We also create wellness and restorative programs for the residents and the activities aid conducts the exercises needed to maintain their quality of life. We spend time during our day corresponding with other facility healthcare workers and updating family members. A nurse's day here is full of scheduled duties as well as many "can you come look at this" requests which may turn into more time than you thought! Overall, this is an extremely rewarding place to work, and nothing beats all the smiling faces greeting you each morning.

