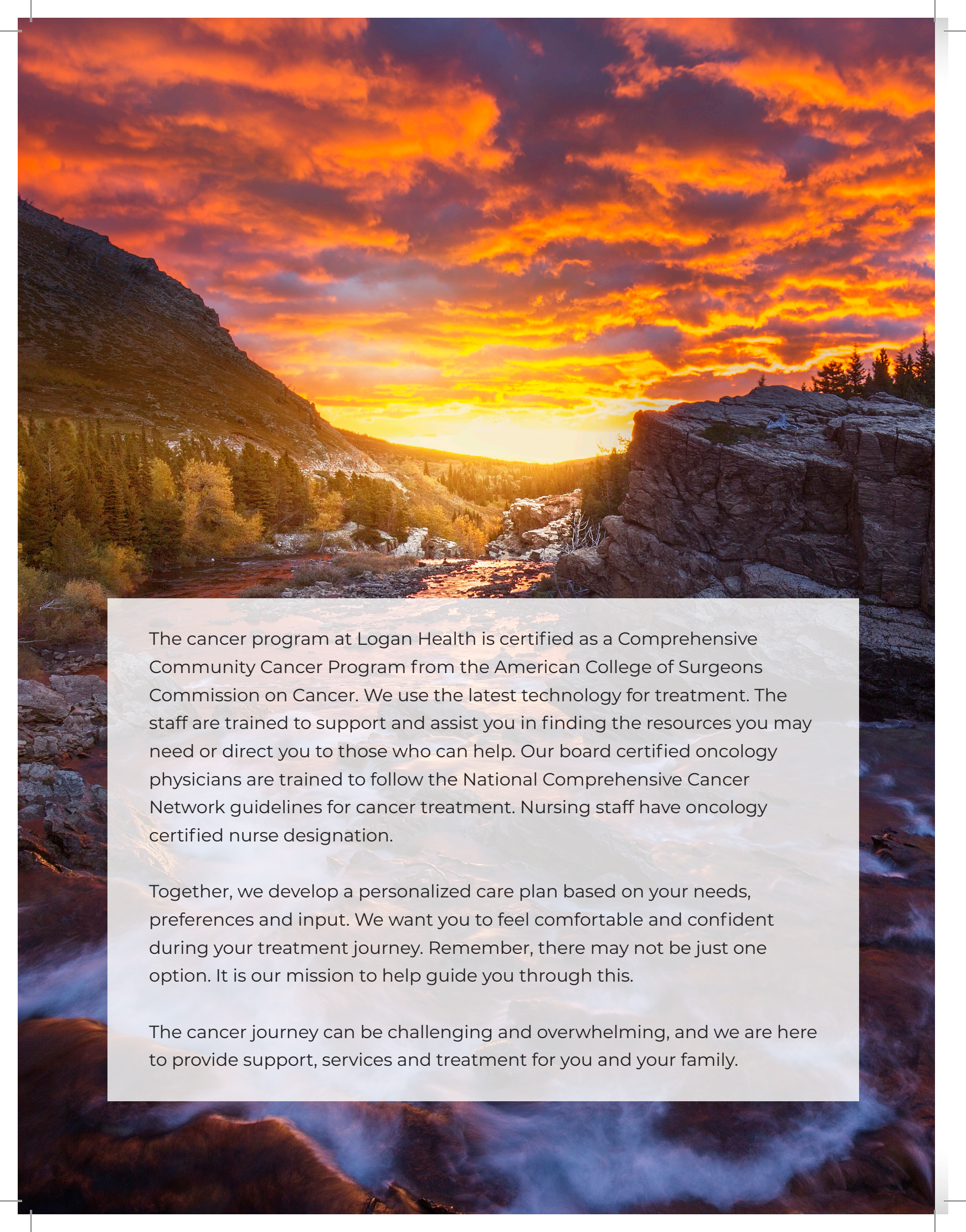




LOGAN  
HEALTH

**Cancer Care**  
GUIDE TO SERVICES





The cancer program at Logan Health is certified as a Comprehensive Community Cancer Program from the American College of Surgeons Commission on Cancer. We use the latest technology for treatment. The staff are trained to support and assist you in finding the resources you may need or direct you to those who can help. Our board certified oncology physicians are trained to follow the National Comprehensive Cancer Network guidelines for cancer treatment. Nursing staff have oncology certified nurse designation.

Together, we develop a personalized care plan based on your needs, preferences and input. We want you to feel comfortable and confident during your treatment journey. Remember, there may not be just one option. It is our mission to help guide you through this.

The cancer journey can be challenging and overwhelming, and we are here to provide support, services and treatment for you and your family.



# SURGICAL ONCOLOGY

Surgical oncology is a specialty that focuses on the surgical treatment of a variety of tumors, the most common being breast cancer, colorectal cancer, melanoma and endocrine tumors.

## Logan Health Surgical Clinic

1333 Surgical Services Drive | Kalispell, MT

Phone: **(406) 751-5392** | Fax: (406) 751-5406

Office Hours: Monday-Friday 8 a.m. to 5 p.m.

At Logan Health Surgical Clinic, our surgical oncologists are trained in the most up-to-date skills required for complex procedures. We work with medical oncologists, radiation oncologists and other medical specialties using a healthcare team approach.

## Logan Health Breast Center

310 Sunnyview Lane, Suite 138 | Kalispell, MT

Phone: **(406) 751-6488** | Fax: (406) 758-3157

Office Hours: Monday-Friday 8 a.m. to 5 p.m.

Our Logan Health Breast Center team includes multiple specialists: a breast surgeon and breast imaging specialist (both fellowship-trained), as well as an advanced practice nurse and board certified plastic and reconstructive surgeons.

## RADIATION ONCOLOGY

Radiation oncology is a specialty focusing on the use of radiation therapy to safely and effectively treat or control cancer and relieve symptoms. Radiation therapy is often used along with other treatment methods like chemotherapy or surgery.

### Logan Health Radiation Oncology

343 Sunnyview Lane | Kalispell, MT

Phone: **(406) 752-1790** | Fax: (406) 756-3529

Office Hours: Monday-Friday 8 a.m. to 4:30 p.m. and by appointment.

At Logan Health Radiation Oncology, our teams of highly trained medical experts provide radiation therapy treatments under the direction of our radiation oncologists.

## MEDICAL ONCOLOGY

Hematology is the specialty of internal medicine that involves treating conditions of the blood, bone marrow, and lymphatic system such as leukemia, Hodgkin's disease, multiple myeloma, lymphoma, and coagulation disorders such as hemophilia. Oncology refers to the study and treatment of cancer. At Logan Health Hematology & Oncology, our healthcare teams—with extensive training in medical oncology and hematology—evaluate, educate, and treat patients with cancer and blood disorders using medicines.

### Logan Health Hematology & Oncology (Adults & Pediatrics)

#### ADULTS

350 Heritage Way, Suite 1100 | Kalispell, MT

Phone: **(406) 752-8900** | Fax: (406) 752-8909

#### PEDIATRICS

350 Heritage Way, Suite 1100 | Kalispell, MT

Phone: **(406) 752-8668** | Fax: (406) 758-7080

Office Hours: Monday-Friday 8 a.m. to 5 p.m.

At Logan Health Hematology & Oncology, our team includes doctors, nurse practitioners, registered nurses, and medical assistants all skilled in medical oncology. We offer our own pediatric-friendly rooms and dedicated staff.



# INFUSION

Infusion refers to treatments that are delivered through a needle or tube inserted into a vein (also called IV treatment). Infusion treatments include cancer chemotherapy and immunotherapy, as well as non-cancer treatments like hydration, antibiotics, iron, and blood transfusions. Infusion therapy also includes other non-oral routes (by mouth) such as injections into the muscle or skin, putting medicine into the membranes around the spinal cord, or in the bladder.

Our nurses are nationally certified in infusion and oncology with specialized training in chemotherapy, immunotherapy, infusion therapy, vascular access devices, and advanced skills in adult and pediatric cardiac life support. They will ensure you will have a pleasant experience; light snacks and beverages, warm blankets, personal TVs and reading materials will be offered.

## Logan Health Hematology & Oncology Infusion at The Rock

350 Heritage Way, Suite 1100 (Infusion Room) | Kalispell, MT

Phone: **(406) 752-8900** | Fax: (406) 758-7078

Office Hours: Monday-Friday 8 a.m. to 5 p.m.

## Logan Health Outpatient Hospital Infusion Center

310 Sunnyview Lane (Medical Center Entrance A, 1st floor) | Kalispell, MT

Phone: **(406) 751-7152** | Fax: (406) 751-7570

Office Hours: Seven days a week, including holidays, 7:30 a.m. to 7 p.m.





## PALLIATIVE MEDICINE

Palliative medicine - also called supportive care or palliative care - focuses on providing patients with relief from the symptoms, pain, and stress of a serious illness. The goal of palliative care is to improve the quality of life for patients and their families with a patient and family-centered approach. Anyone with a serious or life-limiting illness may receive palliative care. There are no age limits, specific diagnoses, or life expectancy requirements. Palliative medicine compliments any disease-directed treatments that patients may choose and is not meant to replace primary or specialty providers.

### Logan Health Palliative Medicine

350 Heritage Way, Suite 1100 | Kalispell, MT

Phone: **(406) 751-6725** | Fax: (406) 758-5170

Office Hours: Monday-Friday 8 a.m. to 5 p.m.

Our palliative care teams include: a physician certified in palliative care, advanced practice nurses experienced in palliative care, a clinical social worker skilled in complex care management, spiritual support specialists, and registered nurses.

## CANCER CLINICAL TRIALS

Today, people are living longer lives from successful research studies that are the results of past clinical trials. Through clinical trials, doctors determine whether new treatments are safe and effective, and if they work better than current treatments. When you take part in a clinical trial, you add to the knowledge about certain illnesses/conditions and help improve care for future patients. Clinical trials are the key to making progress in healthcare. We offer clinical trials for many conditions including heart, lung, cancer, and autoimmune diseases.

### Logan Health Research

350 Heritage Way | Kalispell, MT

Phone: **(406) 752-7636** | Fax: (406) 752-7847 | Email: [DEPTresearch@logan.org](mailto:DEPTresearch@logan.org)

Logan Health's Research teams for cancer involve investigators from multiple cancer specialties including medical oncology, breast surgery oncology, radiation oncology, and pediatric oncology. For more information, please visit [logan.org/services/research](http://logan.org/services/research).



## NATUROPATHY

Naturopathic medicine, also called “naturopathy” uses natural remedies to help heal your entire body. It combines holistic care with conventional medical care. Naturopathic doctors are specialty doctors who address the cause of the disease or illness. Vitamins, herbs, supplements, massage, acupuncture, exercise, and nutrition counseling are used to promote health, prevent disease, and treat the main illness.

### Logan Health Naturopathic Care

343 Sunnyview Lane | Kalispell, MT

Phone: **(406) 751-7560**

Located inside Logan Health Radiation Oncology

Our program at Logan Health offers various kinds of naturopathic medicine including clinical nutrition, botanical/herbal medicine, homeopathic medicine, physical medicine, psychological medicine, and hydrotherapy.

## GENETICS & GENOMICS

Genetics studies how individual genes or groups of genes are involved in health and disease. Understanding genetic factors and genetic disorders is important in learning more about promoting health and preventing disease. Some genetic changes have been associated with an increased risk of having a child with a birth defect or developmental disability or developing diseases such as cancer or heart disease. Genetics also can help us understand how medical conditions happen.

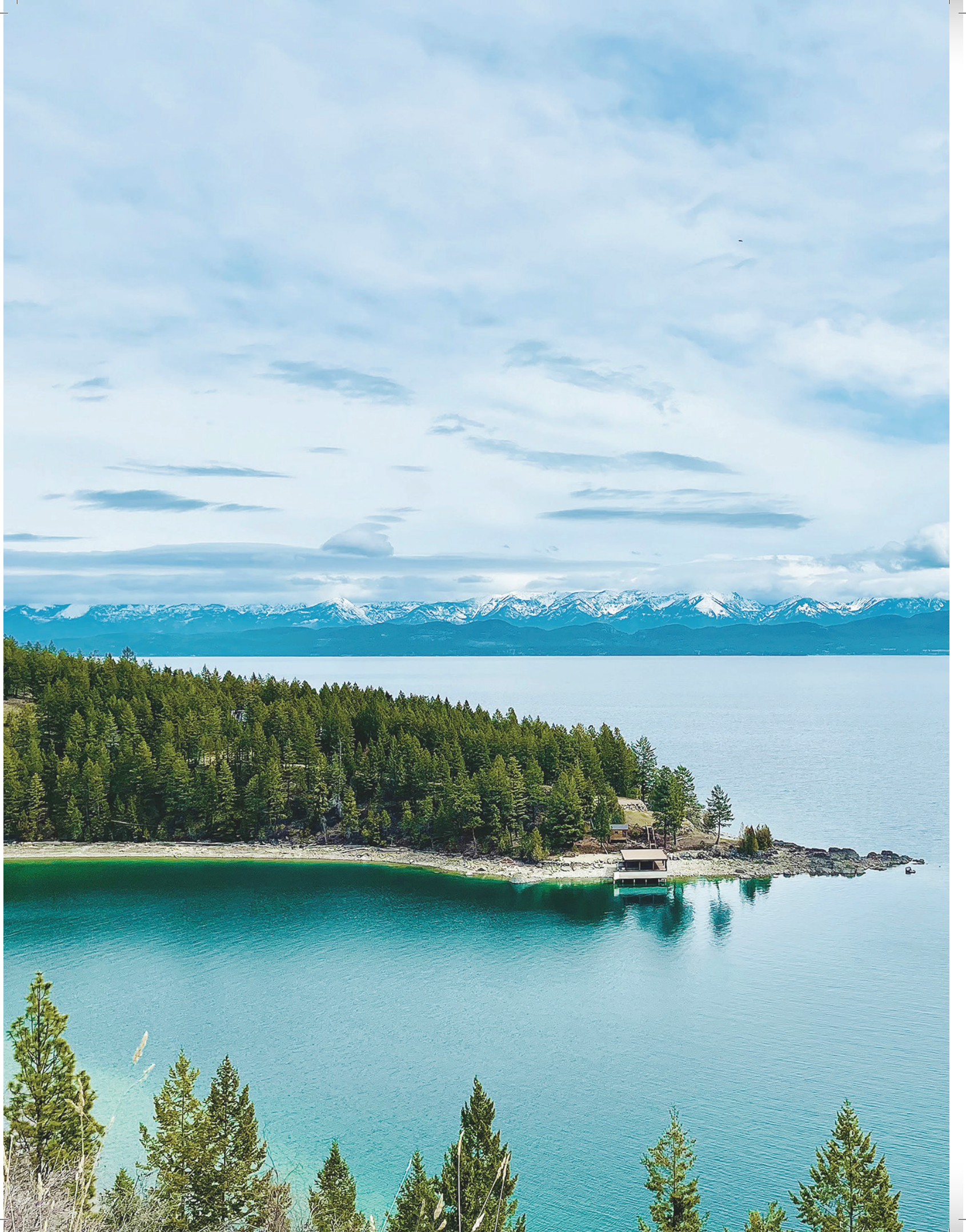
### Logan Health Genetics & Genomics

320 Sunnyview Lane | Kalispell, MT

Located inside Logan Health Digestive Center, second floor

Part of your cancer care may include genetic counseling. Genetic counseling informs medication choices, cancer surveillance, and lifestyle modifications to help you prevent or manage diseases.







## SPIRITUAL CARE

Addressing spiritual needs is often an important part of the healing process for patients. Many patients are religious and utilize their faith during difficult times, such as a hospitalization.

### Logan Health Spiritual/Pastoral Care

310 Sunnyview Lane | Kalispell, MT

Phone: **(406) 752-1776**

Office Hours: Monday-Friday 8 a.m. to 4:30 p.m.

Chaplains are available 24 hours a day. To contact a chaplain, please ask a staff member to order a chaplain consult, or you can call the Spiritual Care department directly at (406) 752-1776. You can also dial '0' from within the hospital and ask for the chaplain to be paged.

Our Spiritual Care department is committed to helping our patients meet their religious or spiritual needs while in the hospital, and is staffed by a full-time chaplain and numerous on-call volunteer chaplains who can help patients and families deal with fears, worries, doubts and questions that arise in times of illness or trauma.

## NUTRITION

Our nutritionist is a registered dietitian who can assist you in planning an optimal diet during any stage of your cancer journey, cope with any side effects that you may experience, and answer your questions about the latest findings on cancer and nutrition.

### Logan Health Oncology Dietitian

Phone: **(406) 751-6278**

Good nutrition plays a key role in not only recovery but helping to manage side effects.

Eating well can help you to:

- Feel better
- Decrease your risk of infection
- Keep up your weight and your body's store of nutrients
- Tolerate treatment-related side effects
- Keep up your strength and energy
- Heal and recover quickly



# CANCER REHABILITATION

The goal of cancer rehabilitation is to restore the physical and emotional well-being of cancer patients, often through structured programs provided by specialized health care teams.

## Logan Health Rehabilitation

205 Sunnyview Lane | Kalispell, MT

Phone: **(406) 751-4520**

Office Hours: Monday-Friday 8 a.m. to 5:30 p.m.

**Lymphedema Therapy:** Our lymphedema therapy program is led by a certified lymphedema therapist. This program educates patients about lymphedema therapy and provides decongestive therapy in order to improve patients' limb functions.

**Physical Therapy:** Our skilled physical therapists will work with you to improve mobility, reduce pain, and enhance independence and quality of life. We focus on treatment and improvement, helping individuals achieve independence from physical therapy – instead of dependence on physical therapy. We focus on the unique issues that are of concern to each patient in order to achieve optimal outcomes and regain normal function.

**Occupational Therapy:** Our Logan Health Occupational Therapists evaluate and treat patients with a wide array of concerns. These can include bone and joint conditions, recovery after operations, and conditions caused by injuries.

**Speech Therapy:** Logan Health offers both adult and pediatric speech-language pathology or speech therapy. Speech problems often occur because a person has difficulty producing sounds due to the incorrect movement of the muscles in the lips, tongue, and mouth. Our skilled speech-language pathologists develop individualized treatment plans for our patients, guiding them through communication techniques, and strategies for coping with speech/language barriers.





## Logan Health Fitness Center

205 Sunnyview Lane | Kalispell, MT  
logan.org/fitness

**Journey to Wellness:** In our Journey to Wellness program, you will be paired with one of our certified wellness coaches to create a personalized plan to meet your wellness goals. During this program, you will receive a 3-month Logan Health Fitness Center membership, allowing you to explore many different wellness strategies so that you can find what works best for your lifestyle.

Phone: **(406) 751-4106**

**Nicotine-Free Living:** In this program, we provide group support and individual coaching for those seeking to quit tobacco and live nicotine-free lives. Our coaches will build you a plan for making healthy, self-honoring choices that can raise your energy and give you confidence in quitting.

Phone: **(406) 751-7675**

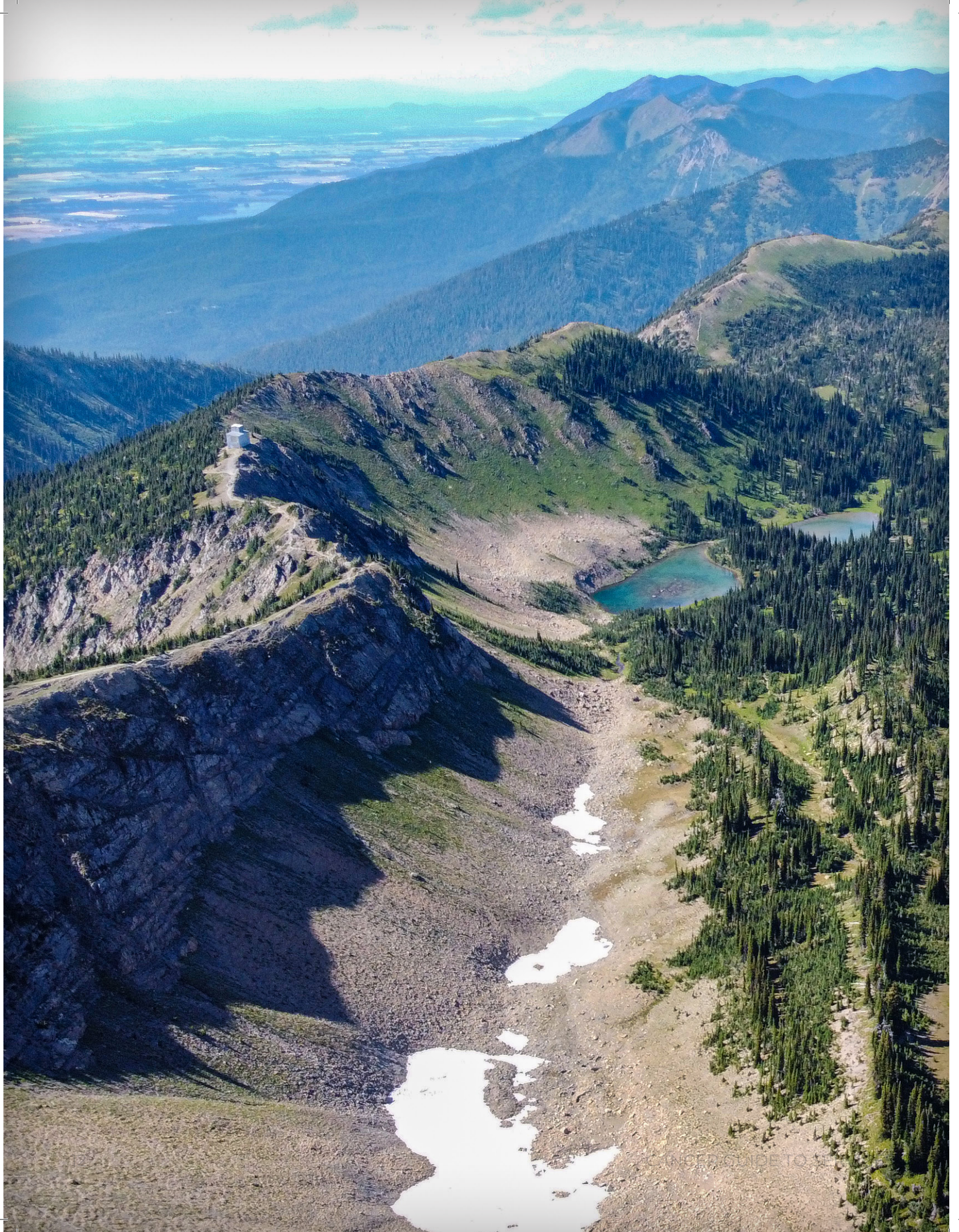
**Other Wellness Activities:** We offer group exercise and wellness activities at the Fitness Center for our patients.

- **J-Walking** is a weekly group that takes walks around the Logan Health campus.
- **Tai Chi** helps patients improve their balance, strength, respiration and circulation through graceful movement, deep breathing, and mental concentration.
- **Aqua Zumba** is an upbeat water class with easy-to-follow movements that are low-impact on the joints.
- **PiYo** is a combination of pilates and yoga that helps build flexibility, mobility and strength.

Phone: **(406) 752-0130**

Email: **css@logan.org**







# CANCER SUPPORT

You do not have to be alone or isolated with a cancer diagnosis. Logan Health Cancer Support Services provides opportunities for newly diagnosed patients, cancer survivors, caregivers and family members to gain support, education and hope.

**Social Work:** Every patient is offered the assistance of a Logan Health oncology social worker. These social workers help cancer patients and their loved ones throughout their entire cancer journey: providing counseling, encouragement, and connecting them with local resources.

Phone: **(406) 752-0130**

**Oncology Nurse Navigators :** Oncology nurse navigators can help you with questions or concerns about challenges you may be facing, find resources, or assist with coordinating your cancer care. Oncology Nurse Navigators are available by cancer type.

- Blood, digestive, gynecological and genitourinary cancers  
Nurse Navigator Phone: **(406) 758-7075**
- Breast cancer  
Nurse Navigator Phone: **(406) 212-7331**
- Head, neck, lung, skin, bone, and central nervous center (CNS) cancer  
Nurse Navigator Phone: **(406) 756-4705**
- Lung cancer  
Nurse Navigator Phone: **406) 407-2305**

**Head Coverings (wigs, scarves, hats):** We have an assortment of head coverings and wig care products in our beauty room at Logan Health Radiation Oncology. Wig fittings are by appointment.

Phone: **(406) 752-0130**

**Symptom Support Clinic:** Our Symptom Support Clinic provides cancer patients with care when patients start having symptoms related to their treatment. If you are getting cancer treatment and having symptoms from treatment, call our Symptom Support Hotline. After our triage nurses assess your symptoms, you can meet with one of our advanced practice clinicians/nurse practitioners.

Phone: **(406) 752-8672**

**Cancer Support Community:** Logan Health is a proud sponsor of the Cancer Support Community of Montana, a national non-profit organization dedicated to providing emotional support, education, and hope for people with cancer and their loved ones, free of charge. Programs are available for cancer survivors, caregivers, family members and friends, online and in-person. To learn more, go to **[cancersupportmontana.org](http://cancersupportmontana.org)**.

Phone: **(406) 852-1600**

For more information about  
Cancer Services at Logan Health, visit  
**[logan.org/cancercare](http://logan.org/cancercare)**

To view our provider directory, go to  
**[logan.org/providers](http://logan.org/providers)**







**LOGAN**  
HEALTH

*Advancing Medicine. Enhancing Care.*